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## Дата подписания: 23.05.2023 17:56:30 **PEOPLES' FRIENDSHIP UNIVERSITY OF RUSSIA** Уникальный программный ключ: **NAMED AFTER PATRICE LUMUMBA**

Institute of Environmental Engineering

educational division (faculty/institute/academy) as higher education programme developer

## **COURSE SYLLABUS**

**Concept of Environmental Psychology** 

course title

## **Recommended by the Didactic Council for the Education Field of:**

44.04.02 Psychological and Pedagogical Education

field of studies / speciality code and title

The course instruction is implemented within the professional education programme of higher education:

**Environmental Pedagogy** 

higher education programme profile/specialisation title

**Moscow**, 2023

## 1. Course Aims and Objectives

**The aim of the course:** is to introduce students to the main trends of Environmental Psychology, ways and mechanisms of interaction with the environment, methods of diagnosing and correcting the ecological consciousness of a person, knowledge which is necessary for a practicing psychologist using environmental programs in educational institutions.

#### **Objectives:**

- mastering the basic concepts of the discipline and identifying the unity of Ecology and Psychology in terms of objects, subjects, methods and objectives of research;

- assimilation of ideas about the interaction of environmental and psychological factors, their influence on the formation and development of ethnic systems;

- gaining the skill of independent critical analysis of problems in the field environmental ethics and culture, issues of causes and ways to overcome environmental disasters;

- mastering skills for organizing and conducting environmental and psychological research, assessment of the influence of environmental factors on the mental state of a person;

- mastering the skill of designing individual educational routes of students related to environmental education and upbringing.

### 2. Course in the Higher Education Programme Structure

The course **«Concept of Environmental Psychology»** refers to the University Disciplines Module.

Nr.	Competence code and title	Previous courses	Subsequent courses
Univer	sal competences		
1	GC-6 Able to identify	Psychology of	-
	and implement the	Environmental	
	priorities of their own	Behaviour	
	activities and ways to		
	improve it based on self-		
	esteem.		
Genera	al professional competences		
2	GPC-1 Able to carry out	Psychology of	-
	and optimize professional	Environmental	
	activities in accordance	Behaviour	
	with regulatory legal acts		
	in the field of education		
	and professional ethics.		
	GPC-2 Able to design		
	basic and additional		
	educational programs and		
	develop scientific and		
	methodological support		
	for their implementation.		
	GPC-5 Able to develop		
	programs for monitoring		
	the results of students'		
	education, develop and		
	implement programs to		

## Table 1. Previous and subsequent courses aimed at building up competences

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	overcome learning		
	difficulties.		
	GPC-6 Able to design		
	and use effective		
	psychological and		
	pedagogical, including		
	inclusive, technologies in		
	professional activities,		
	necessary for the		
	individualization of		
	education, development,		
	education of students		
	with special educational		
	needs.		
	GPC-8 Able to arrange		
	pedagogical activities		
	based on special scientific		
	knowledge and research		
C (	results.		
-	ized professional competence		
3	SPC-1 Able to carry out	Psychology of	-
	research support and	Environmental	
	educational and	Behaviour	
	methodological support		
	for the implementation of		
	basic and additional,		
	including professional		
	programs.		
	SPC-2 Able to design		
1	and implement the		
1	educational process in the		
	natural sciences under the		
	programs of basic		
1	general, secondary		
1	general education and		
1	additional, including		
	vocational education.		

## **3. Requirements to Learning Outcomes**

The course is aimed at building up and enhancing the following competences:

General competence - 6. Able to identify and implement the priorities of their own activities and ways to improve it based on self-esteem.

General professional competence -1. Able to carry out and optimize professional activities in accordance with regulatory legal acts in the field of education and professional ethics.

General professional competence -2. Able to design basic and additional educational programs and develop scientific and methodological support for their implementation.

General professional competence -5. Able to develop programs for monitoring the results of students' education, develop and implement programs to overcome learning difficulties.

General professional competence -6. Able to design and use effective psychological and pedagogical, including inclusive, technologies in professional activities, necessary for the individualization of education, development, education of students with special educational needs.

**General professional competence** – **8.** Able to arrange pedagogical activities based on special scientific knowledge and research results.

**Specialized professional competence** – **1.** Able to carry out research support and educational and methodological support for the implementation of basic and additional, including professional programs.

**Specialized professional competence** -2. Able to design and implement the educational process in the natural sciences under the programs of basic general, secondary general education and additional, including vocational education.

On completion of the Course the student:

## Knows:

- environmental aspects, including the basic concepts of ecology, modern strategies for sustainable development of the society, ensuring human health;

- areas of environmental psychology, object, subject and methodology;

- psychological principles of correction and formation of ecological consciousness;

- the basics of psychological training to change the environmental consciousness.

### Can:

- use knowledge of the patterns of interaction of the society with the natural environment in practical activities;

- when providing psychological assistance to patients to promote development of their environmental consciousness, aimed at harmonization of human relations with the natural environment;

- apply the psychological principles of correction and formation of ecological consciousness. **Masters**:

- skills of working with educational and methodical literature;

- work planning skills;

- the basics of theoretical knowledge on the methodology of environmental psychology.

## 4. Course Workload and Academic Activities

The course workload of «Concept of Environmental Psychology» is 4 credits.

Types of academic activities		Total hours		Semesters			
			1	2	3	4	
Contact academic hours							
Including:							
Lectures							
Seminars (workshops/tutorials)						10	
Lab works							
Self-study		98				98	
Evaluation and assessment (exam; pass/fai	1	36 pass/fail				36	
grading)		grading					
Total course workload	hours	144		144		14	
						4	
	credits	4		4		4	

## Table 4.1. Course workload and academic activities

#### 5. Course content

#### Table 5.1 Course modules and contents

course modules	topics
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1. Environmental	The concept of the object, the subject of environmental psychology.
Psychology: History,	The generality of the object and the difference in the subject in
Scope, and Methods.	various areas of environmental psychology. System relations
	"individual-environment", "man-environment" and "man-nature"
	Psychological ecology. Subject, methodological features and main
	categories of psychological ecology. Features of interaction in the
	"individual-environment" system. The idea of an ecologically
	unfavorable environment. Influence of psychogenic environmental
	factors on the mental state and development of the human psyche.
	Origins and causes of the ecological approach in psychology (K.
	Levin, J. Gibson). The psychology of global change as a direction of
	environmental psychology, focused on the study of the characteristics
	of perception and comprehension,
2. Environmental	Environmental risk perception. Climate Change as a Unique
influences on human	Environmental Problem. Scenic Beauty: Visual Landscape
behavior and well-being.	Assessment and Human Landscape Perception. Health Benefits of
	Nature. Restorative Environments. Ambivalence Towards Nature and
	Natural Landscapes. Human Dimensions of Wildlife. Children and
	the Natural Environment. Appraising and Designing Built
	Environments that Promote Well-Being and Healthy Behavior.
	Urban Environmental Quality. Environment and Quality of Life.
	Place attachment. Environmental Issues in Low- and Middle-Income
	Countries.

## 6. Classroom equipment and technology support requirements

Classroom for Academic Activity Type	Classroom equipment	Specialized educational/laboratory equipment and materials for mastering the module
Lecture hall (room)		
Laboratory		
Seminar room	Classroom, equipped with a set of specialized furniture; a whiteboard; a personal computer with a standard package of office programmes; a set of devices includes portable multimedia projector, laptop, projection screen, Stable wireless Internet connection. Software: Microsoft Windows, MS Office / Office 365, MS Teams, Chrome (latest stable release), Skype	
Computer lab		
For students'self-		
study		

 Table 6.1 Classroom equipment and technology support requirements

## 7. Resources recommended for course studies

Main reading

Maklakov A.G. General Psychology: textbook for universities / A.G. Maklakov. - St. Petersburg, 2012. - 583 p.

### Additional reading

1. Glebov V.V. Environmental psychology. - Moscow: RUDN University, 2008.- 243 p.

2. Deryabo S.D., Yasvin V.A. Environmental Pedagogy and Psychology. - Rostov-on-Don, 1996. – 480 p.

3. Medvedev V.I., Aldasheva A.A. Environmental Consciousness: A Study Guide for universities - Moscow: Logos, 2001 - 376 p.

5. Environmental psychology. - Moscow: Publishing house RUDN University, 2000. - 36 p.

6. Ecopsychology, ecopedagogy, ecoacmeology: educational and methodological complex: Tutorial. Part 2. - Moscow: Publishing House RUDN University, 2011. -226 p.

7. Yasvin V.A. Psychology of attitude to nature: Monograph – Moscow, 2000. - 456 p.

### Internet-based sources

Electronic libraries with access for RUDN students

Education and society [Electronic resource]: Scientific, informational-analytical journal for researchers and organizers of the education system. – URL: http://www.jeducation.ru:80.

Educational issues [Electronic resource]: Scientific and educational journal Higher School of Economics. – URL: http://vo.hse.ru

Pedagogy [Electronic resource]: scientific and theoretical journal. - URL: http://pedagogika-rao.ru

Pedagogy [Electronic resource]: Scientific and theoretical journal of the Russian academy of education. – URL: http://pedagogika-rao.ru/.

Public education [Electronic resource]: Social and pedagogical magazine. – URL: http://elibrary.ru/title\_about.asp?id=7908 .

## 8. Assessment toolkit and grading system\* for evaluation of students' competences level upon course completion

The assessment toolkit and the grading system<sup>\*</sup> to evaluate the competences formation level (competences in part) upon the course study completion are specified in the Appendix to the course syllabus. \* The assessment toolkit and the grading system are formed on the basis of the requirements of the relevant local normative act of RUDN University (regulations / order).

## **ASSESSMENT TOOLKIT**

for the course

Concept of Environmental Psychology\_\_\_\_\_

44.04.02 Psychological and Pedagogical Education

field of studies / speciality code and title

Environmental Pedagogy\_\_\_\_\_\_\_

\_Master\_

graduate's qualification (degree)

## **Passport to Assessment Toolkit for Course**

Field of studies: 44.04.02 "Psychological and Pedagogical Education"

## Course: CONCEPT OF ENVIRONMENTAL PSYCHOLOGY

## 12.1. Competences under evaluation and assessment tools

Compete nces under assessme nt	Course module under assessment			amme m	astering level		Points for module
m		Test	Control work	Class work	Seminar report		
GC-6 GPC- 1,2,5,6,8 SPC-1, 2	1. Environmental Psychology: History, Scope, and Methods.	20		10	10		40
GC-1 GPC- 1,2,5,6,8 SPC-1, 2	2. Environmental influences on human behavior and well-being.	20		10	10		40
	Pass/fail grading	40	10	20	20	10	100

#### 12.2 The maximum number of credits in the course is 3.

## Assessment & Grading System

Total points	Final assessment	Number of credits
95-100	5	3
86 - 94	5 (B)	3
69-85	4 (C)	2
61-68	3+ (D)	1
51 - 60	3 (E)	1
31 - 50	2 (FX)	0
<30	2 (F)	0

## 12.3 Previous and subsequent courses aimed at building up competences

Nr.	Competence code and title	Previous courses	Subsequent courses
Univers	al competences		
1	GC-6 Able to identify	Psychology of	-
	and implement the	Environmental	

	priorities of their own	Behaviour	
	activities and ways to	Dellavioul	
	improve it based on self-		
	esteem.		
General	professional competences		<u> </u>
General	professional competences		
2	GPC-1 Able to carry out	Psychology of	-
	and optimize professional	Environmental	
	activities in accordance	Behaviour	
	with regulatory legal acts		
	in the field of education		
	and professional ethics.		
	GPC-2 Able to design		
	basic and additional		
	educational programs and		
	develop scientific and		
	methodological support		
	for their implementation.		
	GPC-5 Able to develop		
	programs for monitoring		
	the results of students'		
	education, develop and		
	implement programs to		
	overcome learning		
	difficulties.		
	GPC-6 Able to design		
	and use effective		
	psychological and		
	pedagogical, including		
	inclusive, technologies in		
	professional activities,		
	necessary for the		
	individualization of		
	education, development,		
	education, development, education of students		
	with special educational		
	needs.		
	GPC-8 Able to arrange		
	pedagogical activities		
	based on special scientific		
	knowledge and research		
	results.		
Speciali	ized professional competend	ces	·
3	SPC-1 Able to carry out	Psychology of	-
	research support and	Environmental	
	educational and	Behaviour	
	methodological support		
	for the implementation of		
	basic and additional,		
	including professional		
	programs.		
	<b>SPC-2</b> Able to design		
l			l

and implement the
educational process in the
natural sciences under the
programs of basic
general, secondary
general education and
additional, including
vocational education.

## 12.4 Exam questions

- 1. The concept of the object, the subject of environmental psychology.
- 2. The generality of the object and the difference in the subject in various areas of environmental psychology.
- 3. System relations "individual-environment", "man-environment" and "man-nature". Psychological ecology.
- 4. Subject, methodological features and main categories of psychological ecology.
- 5. Features of interaction in the "individual-environment" system.
- 6. The idea of an ecologically unfavorable environment.
- 7. Influence of psychogenic environmental factors on the mental state and development of the human psyche.
- 8. Origins and causes of the ecological approach in psychology (K. Levin, J. Gibson).
- 9. The psychology of global change as a direction of environmental psychology, focused on the study of the characteristics of perception and comprehension,
- 10. Environmental risk perception.
- 11. Climate Change as a Unique Environmental Problem.
- 12. Scenic Beauty: Visual Landscape Assessment and Human Landscape Perception.
- 13. Health Benefits of Nature.
- 14. Restorative Environments.
- 15. Ambivalence Towards Nature and Natural Landscapes.
- 16. Human Dimensions of Wildlife.
- 17. Children and the Natural Environment.
- 18. Appraising and Designing Built Environments that Promote Well-Being and Healthy Behavior.
- 19. Urban Environmental Quality.
- 20. Environment and Quality of Life.
- 21. Place attachment.
- 22. Environmental Issues in Low- and Middle-Income Countries.

## Developer,

# Head of the Higher Education Program:

C.Sc., Associate Professor Environmental Engineering Institute Foreign Languages Department

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Y.L.Zakirova