Federal State Autonomous Educational Institution of Higher Education
PEOPLES' FRIENDSHIP UNIVERSITY OF RUSSIA named after
Patrice Lumumba
RUDN University

Institute of Medicine

educational division (faculty/institute/academy) as higher education programme developer

COURSE SYLLABUS

History (History of Russia, General History)

course title

Recommended by the Didactic Council for the Education Field of:

31.05.01 General Medicine

field of studies / speciality code and title

The course instruction is implemented within the professional education programme of higher education:

General Medicine

higher education programme profile/specialisation title

2023-2024

1. COURSE GOAL(s)

The goal of the course «History (History of Russia, General History)» is to equip students with the knowledge about the economic, political, social and cultural features of the historical path of Russia through the disclosure of the main trends and patterns of the history of Russia's development, their comparison with Western European and Eastern experience of historical development, and also the understanding that the Russian civilization, in comparison with others, has a number of common and special features.

2. REQUIREMENTS FOR LEARNING OUTCOMES

Mastering the course (module) "History (History of Russia, General History)" is aimed at the development of the following competences /competences in part:
General Professional Competences- (GPC)-5

Table 2.1. List of competences that students acquire through the course study

Competence code	Competence descriptor	Competence formation indicators (within this course)
GPC-5	Able to assess morpho-functional, physiological states and pathological processes in the human body to solve professional problem	GPC-5.1. Understands the rules, traditions and norms of communication in foreign-speaking countries.
		GPC-5.2. Has the skills of conducting business correspondence in a foreign language.
		GPC-5.3. Builds social professional interaction, taking into account international legislation in the field of health care and features of intercultural interaction.

3. COURSE IN HIGHER EDUCATION PROGRAMME STRUCTURE

The course refers to the <u>core</u>/variable/elective* component of (B1) block of the higher educational programme curriculum.
    * - Underline whatever applicable.
Within the higher education programme students also master other (modules) and / or internships that contribute to the achievement of the expected learning outcomes as results of the course study.

Table 3.1. The list of the higher education programme components/disciplines that contribute to the achievement of the expected learning outcomes as the course study results

Competence code	Competence descriptor	Previous courses/modules*	Subsequent courses/modules*

GPC-5	Able to analyze and take into account the diversity of cultures in the process of intercultural interaction		Philosophy Latin language Bioethics

4. COURSE WORKLOAD AND ACADEMIC ACTIVITIES

The total workload of the course "History (History of Russia, General History)" is 2 credits (72 academic hours).

Table 4.1. Types of academic activities during the periods of higher education programme mastering (__full-time training__)*

Type of academic activities		Total academic hours	Semesters/training modules	
			1	
Contact academic hours		51	51	
including:				
Lectures (LC)		17	17	
Lab work (LW)				
Seminars (workshops/tutorials) (S)		34	34	-
Self-studies		12	12	
Evaluation and assessment (exam/passing/failing grade)		9	9	
Course workload	academic hours	72	72	
	credits	2	2	

5. COURSE CONTENTS

Table 5.1. Course contents and academic activities types

Course module title	Course module contents (topics)	Academic activities types
Module 1 Section 1. History as a science	1.1 The essence of the main functions of historical knowledge; the concept of historical sources, their types and content; the essence of the main methodological approaches in	LC, S
Course module title	**Course module contents (topics)**	**Academic activities types**
	historical science and their founders, the basic principles and methods of historical research of LC	

Module 2 Ancient Russia	he problem of the ethnogenesis of the Eastern Slavs; the main stages of the Formation of the Old Russian state and its socio-political system; the most important events of the domestic and foreign policy of Kievan Rus, their causes, essence and consequences; the main monuments of ancient Russian culture of the 9th - early 12th centuries.	LC, S
Module 3 Feudal fragmentation and the struggle for independence prerequisites for political fragmentation, its essence and consequences	The evolution of East Slavic statehood by the beginning of the 12th century; features of the development of the largest centers of Russia of this period: Vladimir-Suzdal and Galicia-Volyn principalities, Novgorod Republic; the main events connected with the struggle of Russia against foreign invaders in the 13th century; consequences of the Mongol invasion and the influence of Mongol rule on the development of Russian lands NW.	LC, S
Module 4 Formation of the Russian unified state prerequisites and features of the formation of a unified Russian state	**4.1.** the most important events associated with the rise of the Moscow principality in North-Eastern Russia (XIV - the middle of the XV century); the main events of the final stage of the formation of a unified Russian state, its socio-political, economic and spiritual development; features of the domestic and foreign policy of Ivan III.	LC, S
Module 5 Russia in the 16th century Ivan Grozny	The main events of the final stage of the formation of a unified Russian state, its socio-political, economic and spiritual development; features of the domestic and foreign policy of Ivan III and Vasily III; features of the reign of Ivan IV; reforms of the Chosen Rada; causes and consequences of oprichnina; the main directions of the foreign policy of the Muscovite state in the 16th century, the characteristic features of Russian traditional culture and its achievements during this period	LC, S
Module 6 Troubles and the time of the first	**Causes, chronology and main events of the Time of Troubles, their consequences; the**	LC, S
Course module title	**Course module contents (topics)**	**Academic activities types**

Romanovs	political development of the country under the first Romanovs, the beginning of the formation of an absolute monarchy; tasks and results of Russia's foreign policy in the 17th century; features of the socio-economic and spiritual development of Russia in the 17th century; new features in the country's economy; the social structure of Russian society; stages of registration of serfdom; manifestations of social protest during this period, their causes and consequences; schism of the Russian Orthodox Church	
Module 7 Peter I and his era	The need for Peter's reforms and the beginning of the modernization of the country; the main directions of the domestic policy of Peter I and its consequences; foreign policy in the era of Peter I; achievements of Russian culture of this period. OK Section 8. The era of palace coups Features of the era of palace coups, its causes, essence and consequences.	**LC**
Module 8 The era of palace coups	Features of the era of palace coups, its causes, essence and consequences	**S**
Module 9 The Russian Empire in the second half of the 18th century	The essence and most important features of the policy of "enlightened absolutism"; the main reforms of Catherine II; the main trends in the socio-economic development of the country, the contradictions of class policy; tasks and results of Russia's foreign policy in the second half of the 18th century; achievements of Russian culture of this period	**Lc**
Course module title	**Course module contents (topics)**	**Academic activities types**
Module 10 Russia in the first quarter of the 19th century Pavel I. Alexander I.	Patriotic War. Socio-economic development of Russia by the beginning of the 19th century, features of internal and foreign policy of Paul I., features of the domestic and foreign policy of Alexander I and the main results of his reign.	**S**

Course module title	Course module contents (topics)	Academic activities types
Module 11 Decembrist revolt. The era of the reign of Nicholas I.	Background, goals, organizations, program documents and participants in the Decembrist movement; the most important events of the domestic and foreign policy of Nicholas I; protective, liberal and radical directions of the social movement in the second quarter of the 19th century; main achievements of Russian culture in the first half of the 19th century.	S
Module 12 Alexander II and the era of reforms	Background, essence and significance of the reforms of Alexander II; features of the socio-economic development of post-reform Russia; social movement of the 1850s - early 1880s: ideology, organizations, participants; the main directions, goals and results of the foreign policy of Alexander II	Lc
Module 13 The Russian Empire in the era of the reign of Alexander III	Features of the domestic and foreign policy of Alexander III; social movement; world significance of Russian culture in the second half of the 19th century.	S
Module 14 Features of the development of capitalism in Russia (last quarter of the 19th century)	Tasks of Russia's modernization; features of the development of capitalism in Russia; reforms S. Yu. Witte	S
Course module title	**Course module contents (topics)**	**Academic activities types**

Course module title	Course module contents (topics)	Academic activities types
Module 15 Russian Empire in early 20th century	Nicholas II The essence of the internal floor of Nicholas reform projects at the beginning of the 20th century. and experience in their implementation; features of the social movement; main political parties, their classification, leaders and program settings; features of the formation of Russian parliamentarism; the results and significance of the revolution; the main events of Russia's foreign policy at the turn of the 19th–20th centuries; the causes of the First World War and the goals of the parties; attitude towards war in society; results and consequences of the war.	S
Module 16 Revolutions in Russia Causes, nature, main events and participants in the first Russian revolution (1905–1907)	causes of the February Revolution; overthrow of the autocracy; activity Provisional government and councils; leaders and programs of the main political parties in 1917; the reasons for the coming to power of the Bolsheviks; the essence of the first decrees of the Bolsheviks Soviet power; transformation of the Bolsheviks in the sphere; public administration, economics and foreign policy, national and social issues; convocation and dissolution Constituent Assembly	Lc
Module 17 Domestic politics Soviet Russia and the USSR in the prewar period Results and consequences of the Civil War and intervention (1918–1920)	he main measures of the policy of "war communism"; reasons for the victory of the Bolsheviks; features of the national policy of the Soviet government, the formation of the USSR, the formation of a one-party political system; the essence and results of the NEP, the policy of industrialization, collectivization and the cultural revolution; the main features and consequences of the regime of personal power of I.V. Stalin.	S
Module 18 USSR during the Great	Changes in the international situation, main directions, events in the foreign policy of the	S

Patriotic War (1941–1945)	USSR in the 1920–1930s, their results and consequences; the most important international treaties concluded on the eve and in the initial period of the Second World War; expansion of the territory of the USSR in the pre-war period; the most important events of the Great Patriotic War; rearrangement of the rear on a military footing; the creation of an anti-Hitler coalition and international conferences of the allied powers during the war years, the results and significance of the victory of the USSR	
Module 19 post-war years. Beginning of Khrushchev's reign.	The main trends in the socio-political life of the USSR, the tightening of the political regime and ideological control; features and results of socio-economic policy; changes in the international arena, the beginning of the Cold War, important events in foreign policy USSR in the post-war period	S
Module 20 Thaw as a special stage in the development of the USSR.	Changes in the top party leadership after the death of I.V. Stalin, measures for de-Stalinization, democratization of the political system, contradictions in the internal political course, the most important measures of the socio-economic policy of G.M. Malenkov and N.S. Khrushchev, their inconsistency, "thaw" in the spiritual sphere; new trends in international relations and changes in Soviet foreign policy, its main directions; approval of the principle of peaceful coexistence in international relations; Caribbean crisis.	S
Course module title	**Course module contents (topics)**	**Academic activities types**

Module 21 USSR in the era Leonid Brezhnev	Features of the country's political course in 1964–1985, strengthening of conservative SZ Name of the section of the discipline Content of the section (topic) Type of educational work Leonid Brezhnev trends, changes in the political system, the emergence of a dissident movement; economic reforms of the mid-1960s, their role and significance, growing contradictions and disproportions in the economy; development of the social sphere; achievements and problems in the development of culture; transition from confrontation to detente, peace initiatives of the USSR, the "Brezhnev Doctrine", the aggravation of international tension at the turn of the 70s and 80s.	S
Module 22 USSR in 1985–1991 Perestroika	Prerequisites and goals of perestroika, essence and consequences of economic and political reforms; changes in the sphere of state structure; the concept of "new political thinking" in foreign policy; stages of restructuring	Lc
Module 23 The collapse of the USSR and the creation CIS	The collapse of the USSR and the formation of the CIS; the formation of a new Russian statehood; way of socio-economic modernization of Russia; foreign policy of the country in the 1990s.	Lc
Module 24 Russian Federation in the 1990s	RF at the beginning of the 20th century. V.V. Putin. Ways of socio-economic modernization of Russia; features of the development of the Russian Federation in 2010-2020s: reform of the Constitution, national programs; the problem of the annexation of Crimea; the country's foreign policy in the 21st century, including mechanisms to combat external threats.	Lc
Module 25 The role of RUDN as	Peace initiatives of the USSR in the post-war period, features of the opening of the UDN in	S
Course module title	**Course module contents (topics)**	**Academic activities types**

"soft power" in international relations	1960, the mission of the University, features of the activities of the first rector - S.V. Rumyantsev, the second rector - V.F. Stanis, the third rector - V.M. Filippov. NW	

6. CLASSROOM EQUIPMENT AND TECHNOLOGY SUPPORT REQUIREMENTS

Table 6.1. Classroom equipment and technology support requirements

Type of academic activities	Classroom equipment	Specialised educational / laboratory equipment, software, and materials for course study (if necessary)
Lecture	Audience for independent work of students (can be used for Audience equipment conducting seminars and consultations), equipped with a set of specialized furniture and computers with access to EIOS.	Set of specialized furniture. Software: products Microsoft (OS, office suite, including MS Office/Office 365, Teams)
Seminar	Seminar Auditorium for conducting seminar-type classes, group and individual consultations, current control and intermediate certification, equipped with a set of specialized furniture and technical means for multimedia presentations.	A set of specialized furniture; technical means, Internet access. Software: Microsoft products (OS, office suite, including MS Office/Office 365, Teams, Skype)
Computer Lab	A computer class for conducting classes, group and individual consultations, current control and intermediate certification, equipped with personal computers (in the amount of 15 pcs.), a board (screen) and technical means of multimedia presentations.	A set of specialized furniture; technical means, Internet access. Software: Microsoft products (OS, office suite, including MS Office/Office 365, Teams, Skype) Windows, MS Office / Office 365, MS Teams, Chrome GumSots, 138. A set of specialized furniture; technical means, Internet access.
Type of academic activities	Classroom equipment	Specialised educational / laboratory equipment, software, and materials for course study (if necessary)

Self-Studies	An auditorium for independent work of students (can be used for seminars and consultations), equipped with a set of specialized furniture and computers with access to the EIEE.	

7. RESOURCES RECOMMENDED FOR COURSE STUDY

Main readings:

Printed editions:
1. History of Russia [Text]: Textbook / A.S. Orlov [i dr.]. - 2nd ed., revised. and additional - M. : Prospekt, 2016, 2019, 2021. - 680 p. : ill. - ISBN 978-5-392-19997-6. - ISBN 978-5-39218368-5. - ISBN 978-5-392-30250-5: 725.00.
Electronic and printed full-text materials:
2. History of Russia [Text / electronic resource]: Textbook for universities / A.S. Orlov [and others]; A.S. Orlov and others - 4th ed., revised. and additional ; Electronic text data. - M. : Prospect, 2016, 2012, 2014, 2015, 2017, 2018. - 528 p. : ill. - ISBN 978-5-392-18445-3. - ISBN 978-5-392-23104-1. - ISBN 978-5-392-04703. - ISBN 978-5-392-02502-2. - ISBN 978-5392-16439-4. - ISBN 978-5-392-18349-4. - ISBN 978-5-392-11554-9. - ISBN 978-5-39220166-2. - ISBN 978-5-392-26718-7: 454.50.
http://lib.rudn.ru/ProtectedView/Book/ViewBook/6253

Additional readings:

Electronic and printed full-text materials:
1. Borisov V.A. History of Russia [Text/electronic resource]: Teaching aid. For 1st year students of engineering, physico-mathematical, environmental and other non-humanitarian specialties / V.A. Borisov, E.V. Kryazhev-Kartsev. - 5th ed., Rev. ; Electronic text data. - M. : Publishing House of RUDN University, 2019. - 216 p. - ISBN
978-5-209-09091-5 : 32.63. http://lib.rudn.ru/ProtectedView/Book/ViewBook/6853
2. Reader on the history of Russia [Text / electronic resource]: Textbook / A.S. Orlov [i dr.]. - Electronic text data. - M. : Prospekt, 2016. - 592 p. - ISBN
978-5-392-26409-4 : 500.00. http://lib.rudn.ru/ProtectedView/Book/ViewBook/6261
3. History of Russia [Text]: textbook for foreign students / V.V. Blokhin [i dr.]. - Moscow: RUDN, 2020. - 188 p. : ill. - ISBN 978-5-209-09219-3: 241.92.
4. Belanovskaya Yu.E., Mironova A.V. Guidelines for the study of the discipline "History" for medical and agrarian-technological specialties. Teaching aid - M .: World of Science, 2022. - Online edition. Access mode: https://izdmn.com/PDF/05MNNPU22.pdf

Resources of the information and telecommunications network "Internet":
1. RUDN ELS and third-party ELS, to which university students have access on the basis of concluded agreements:
☐ *RUDN Electronic Library System - PFUR EBS http://lib.rudn.ru/MegaPro/Web*
☐ *ELS "University Library Online" http://www.biblioclub.ru*
☐ *EBS Yurayt http://www.biblio-online.ru*
☐ *ELS "Student Consultant" www.studentlibrary.ru*
☐ *EBS "Lan" http://e.lanbook.com/*

2. Databases and search engines:

- NCBI: https://p.360pubmed.com/pubmed/

☐ *RUDN Bulletin: access mode from RUDN University and remotely http://journals.rudn.ru/ Scientific Library Elibrary.ru: access to RUDN University IP addresses at:*

http://www.elibrary.ru/defaultx.asp

☐ *ScienceDirect (ESD), "FreedomCollection", "Cell Press" ID "Elsevier". There is remote access to the database, access to RUDN University IP addresses (or remotely using an individual login and password).*

☐ *Google Scholar is a free full-text search engine for scientific publications of all formats and disciplines.*

Indexes full texts of scientific publications. Mode

access: https://scholar.google.ru/

☐ *Scopus - scientometric database of publishing house "Elsevier". Access to the platform is carried out by RUDN University IP addresses or remotely. http://www.scopus.com/*

- Web of Science. Access to the platform is carried out by RUDN University IP addresses or remotely. http://login.webofknowledge.com/

Training toolkit for self- studies to master the course *:

1. The set of lectures on the course "History (History of Russia, General History)"

* The training toolkit for self- studies to master the course is placed on the course page in the university telecommunication training and information system under the set procedure.

8. ASSESSMENT TOOLKIT AND GRADING SYSTEM* FOR EVALUATION OF STUDENTS' COMPETENCES LEVEL UPON COURSE COMPLETION

The assessment toolkit and the grading system* to evaluate the competences formation level (GPC-5) upon the course study completion are specified in the Appendix to the course syllabus.

* The assessment toolkit and the grading system are formed on the basis of the requirements of the relevant local normative act of RUDN University (regulations / order).

DEVELOPERS:

Associate Professor of the Department of Russian History		A.V. Mironova
position, department	signature	name and surname
Head of the Department of Russian history		O.N. Moseikina
position, department	signature	name and surname

HEAD OF EDUCATIONAL DEPARTMENT:

Department of Russian history		O.N. Moseikina
name of department	signature	name and surname

HEAD
OF HIGHER EDUCATION PROGRAMME:
First Deputy Director of

Medical Institute for academic

affairs   I.V. Radysh

position, department	signature	name and surname