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**Patrice Lumumba RUDN University** 

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educational division (faculty/institute/academy) as higher education programme developer

### **COURSE SYLLABUS**

# Immunology

Recommended by the Didactic Council for the Education Field of:

### 31.05.01 General Medicine

field of studies / speciality code and title

The course instruction is implemented within the professional education programme of higher education:

### General Medicine

higher education programme profile/specialisation title

### 1. COURSE GOAL(s)

The goal of the course "Immunology" is to equip students' modern knowledge about the structure and functions of the immune system, types of immunity; distinctive characteristics of immune reactions under normal or pathological conditions; methods of clinical, laboratory and instrumental diagnostics, traditional and innovative directions in prevention, treatment of patients with immunopathology.

### 2. REQUIREMENTS FOR LEARNING OUTCOMES

Mastering the course (module) "Immunology" is aimed at the development of the following competences /competences in part:

General Competences – (GC)-1 General Professional Competences – (GPC)-6 Professional Competences – (PC)-1,5,6

Table 2.1. List of competences that students acquire through the course study

|                 |   | Competence formation indicators                      |
|-----------------|---|--|
| Competence code | Competence descriptor   | Competence formation indicators (within this course) |
| GC-1            | Being able to implement critical analysis of problem situations based on systems approach, develop an action strategy | GC-1.1. Analyzing scientific and technical           |
| GPC-6           | Being able to organize patient care, provide primary health care, provide work  | providing first aid in emergency situations,         |

| Competence code | Competence descriptor   | Competence formation indicators (within this course)   |
|-----------------|---|--|
|                 | organization and professional decision-making in case of emergency conditions at the pre-hospital stage, in emergency situations, epidemics and in foci | GPC-6.2. Ability to identify conditions requiring emergency medical care, including clinical signs of sudden cessation of blood circulation and respiration.   |
|                 |   | GPC-6.3. Ability to provide emergency medical care to patients in conditions that pose a threat to the life of patients, including clinical death (stopping vital functions of the human body (blood circulation and (or) breathing).  |
| PC-1            | Being able to provide medical care to the patient in emergency or emergency forms   | PC-1.1. Ability to assess the condition of a patient requiring medical care in emergency or emergency forms.  PC-1.2. Ability to recognize conditions arising from sudden acute diseases, exacerbation of chronic diseases without obvious signs of a threat to the patient's life and requiring urgent medical care.  PC-1.3. Ability to provide emergency medical care to patients with sudden acute diseases, conditions, exacerbation of chronic diseases without obvious signs of a threat to the patient's life.  PC-1.4. Ability to recognize states, posing a threat to the patient's life, including conditions of clinical death.  PC-1.5 Ability to provide emergency medical care to patients with conditions that pose a threat to the patient's life, including clinical death.  PC-1.6. Ability to use medicines and medical devices when providing medical care in emergency or emergency forms. |
| PC-5            | Being to conduct and<br>monitor the effectiveness<br>of measures for the  | PC-5.1. Ability to organize and conduct medical examinations taking into account age, health status, profession in accordance with applicable  |
|                 | prevention and formation<br>of a healthy lifestyle and<br>sanitary and hygienic   | regulatory legal acts and other documents.  PC-5.2. Ability to organize and control the immune prophylaxis of infectious diseases in   |

| Competence code | Competence descript     | or   | Competence formation indicators (within this course)                          |
|-----------------|-------------------------|------|---|
| Couc            | education of            | the  | the adult population in accordance with the                                   |
|                 | population              | tiic | current procedures for providing medical care,                                |
|                 | p op samen              |      | clinical recommendations (treatment protocols)                                |
|                 |                         |      | on the provision of medical care, taking into                                 |
|                 |                         |      | account the standards of medical care.  |
|                 |                         |      | PC-5.3. Ability to carry out medical  |
|                 |                         |      | examination of the adult population for the                                   |
|                 |                         |      | purpose of early detection of chronic non-                                    |
|                 |                         |      | communicable diseases and the main risk                                       |
|                 |                         |      | factors for their development in accordance                                   |
|                 |                         |      | with current regulatory legal acts and other                                  |
|                 |                         |      | documents.  |
|                 |                         |      | PC-5.4. Ability to conduct dispensary   |
|                 |                         |      | monitoring of patients with identified chronic                                |
|                 |                         |      | non-communicable diseases.  |
|                 |                         |      | PC-5.5. Ability to prescribe preventive                                       |
|                 |                         |      | measures to patients taking into account risk                                 |
|                 |                         |      | factors in accordance with the current  |
|                 |                         |      | procedures for providing medical care, clinical                               |
|                 |                         |      | recommendations (treatment protocols) on the                                  |
|                 |                         |      | provision of medical care, taking into account the standards of medical care. |
|                 |                         |      |   |
|                 |                         |      | PC-5.6. Ability to monitor compliance with preventive measures.               |
|                 |                         |      | PC-5.8. Ability to issue and send to the                                      |
|                 |                         |      | territorial body of the Federal Service for                                   |
|                 |                         |      | Supervision in the Field of Consumer Rights                                   |
|                 |                         |      | Protection and Human Well-being an  |
|                 |                         |      | emergency notification when an infectious or                                  |
|                 |                         |      | occupational disease is detected.   |
|                 |                         |      | PC-5.9. Ability to carry out anti-epidemic                                    |
|                 |                         |      | measures in the event of an outbreak of                                       |
|                 |                         |      | infection, including quarantine measures for the                              |
|                 |                         |      | detection of particularly dangerous (quarantine)                              |
|                 |                         |      | infectious diseases.  |
|                 |                         |      | PC-5.10. Ability to form healthy lifestyle                                    |
|                 |                         |      | programs, including programs to reduce alcohol                                |
|                 |                         |      | and tobacco consumption, prevent and combat                                   |
|                 |                         |      | non-medical use of narcotic drugs and   |
|                 |                         |      | psychotropic substances.  |
|                 |                         |      | PC-5.11. Ability to evaluate the effectiveness of                             |
|                 | <b>D</b> .              |      | preventive work with patients.  |
| PC-6            | Being to main           |      | PC-6.1. Ability to constitute a work plan and a                               |
|                 |                         | and  | report on its work, issue a passport of a medical                             |
|                 | organize the activities | s of | (therapeutic) site.   |

| Competence code | Competence descriptor    | Competence formation indicators (within this course) |  |
|-----------------|--------------------------|--|--|
|                 | the nursing staff at the | PC-6.2. Ability to analyze the indicators of         |  |
|                 | disposal                 | morbidity, disability and mortality to               |  |
|                 |                          | characterize the health of the attached              |  |
|                 |                          | population.  |  |
|                 |                          | PC-6.3. Ability to maintain medical records,         |  |
|                 |                          | including in electronic form.                        |  |
|                 |                          | PC-6.4. Ability to monitor the performance of        |  |
|                 |                          | official duties by a district nurse and other        |  |
|                 |                          | medical workers at their disposal.                   |  |
|                 |                          | PC-6.5. Ability to provide internal quality          |  |
|                 |                          | control and safety of medical activities within      |  |
|                 |                          | the scope of job responsibilities.                   |  |

### 3. COURSE IN HIGHER EDUCATION PROGRAMME STRUCTURE

The course refers to the <u>core</u>/variable/elective\* component of (B1) block of the higher educational programme curriculum.

\* - Underline whatever applicable.

Within the higher education programme students also master other (modules) and / or internships that contribute to the achievement of the expected learning outcomes as results of the course study.

Table 3.1. The list of the higher education programme components/disciplines that contribute to the achievement of the expected learning outcomes as the course study results

| Competence | Competence           | Previous              | Subsequent                  |
|------------|----------------------|-----------------------|-----------------------------|
| code       | descriptor           | courses/modules*      | courses/modules*            |
| GC-1       | Being able to        | Biochemistry;         | Patophysiology, clinical    |
|            | implement critical   | Anatomy; Philosophy;  | pathophysiology;            |
|            | analysis of problem  | Psychology and        | Propaedeutics of internal   |
|            | situations based on  | Pedagogy;             | diseases; Public health and |
|            | systems approach,    | Mathematics; Hygiene; | healthcare, health          |
|            | develop an action    | History of Medicine;  | economics; Epidemiology;    |
|            | strategy             | Physics               | Neurology, medical          |
|            |                      |                       | genetics, neurosurgery;     |
|            |                      |                       | Disaster medicine; Faculty  |
|            |                      |                       | therapy; Hospital therapy;  |
|            |                      |                       | Endocrinology; Infectious   |
|            |                      |                       | Diseases; Phthisiology;     |
|            |                      |                       | Anesthesiology, intensive   |
|            |                      |                       | care, intensive care;       |
|            |                      |                       | Allergology; Medical        |
|            |                      |                       | Enzymology                  |
| GPC-6      | Being able to        | Life safety           | Propaedeutics of internal   |
|            | organize patient     |                       | diseases;                   |
|            | care, provide        | Practice:             | General surgery;            |
|            | primary health care, | Introductory practice | Topographic anatomy and     |
|            | provide work         | on obtaining primary  | operative surgery;          |

|      | organization and professional decision-making in case of emergency conditions at the prehospital stage, in emergency situations, epidemics and in foci | professional skills: patient care (simulation center); Introductory practice on obtaining primary professional skills: patient care  | Disaster Medicine; Faculty therapy; Urology; Anesthesiology, intensive care, intensive care; Allergology; Endoscopic urology; Faculty Surgery  |
|------|--|--|--|
| DC 1 | Daing able to  | Invignment Life  | Practice: Practice for obtaining primary professional skills: assistant to junior medical personnel; Practice on emergency medical manipulations (simulation center)   |
| PC-1 | Being able to provide medical care to the patient in emergency or emergency forms  | Jurisprudence; Life safety; Biochemistry; Anatomy; Bioethics; History of medicine  Practice: Introductory practice on obtaining primary professional skills: patient care (simulation center); Introductory practice on obtaining primary professional skills: patient care; Practice for obtaining primary professional skills: assistant to junior medical personnel; Practice of diagnostic profile: assistant ward nurse | Urology; Occupational diseases; Hospital therapy; Endocrinology; Polyclinic therapy; Anesthesiology, intensive care, intensive care; Hospital surgery, pediatric surgery; Oncology, radiation therapy; Traumatology, orthopedics; Sectional course; Allergology; |

| PC-5 | Being to conduct and monitor the effectiveness of measures for the prevention and formation of a healthy lifestyle and sanitary and hygienic education of the population | Psychology and pedagogy; Biochemistry; Biology; Normal physiology; Microbiology, virology; Anatomy; Histology, embryology, cytology; Organization of special patient care | Practice on emergency medical manipulations (simulation center); Practice for obtaining primary professional skills and professional experience: assistant to a procedural nurse; Practice of surgical profile: assistant surgeon; Practice of obstetric and gynecological profile: assistant physician of the therapeutic profile: assistant physician of the therapeutic profile: assistant physician therapist; General medical practice: assistant to an outpatient clinic doctor; Practice of obstetric and gynecological profile: assistant obstetrician  Pathophysiology, clinical pathophysiology; Hygiene; Propaedeutics of internal diseases; General surgery; Epidemiology; Dermatovenerology; Neurology, medical genetics, neurosurgery; Faculty Surgery; Occupational diseases; Hospital therapy; Infectious diseases; |
|------|--|---|---|
|      | healthy lifestyle and<br>sanitary and<br>hygienic education  | virology; Anatomy; Histology, embryology, cytology; Organization of special   | Epidemiology; Dermatovenerology; Neurology, medical genetics, neurosurgery; Faculty Surgery; Occupational diseases; Hospital therapy;   |
|      |  |   | Hospital surgery, pediatric surgery; Oncology, radiation therapy; Obstetrics and gynecology; Pediatrics; Maxillofacial surgery;   |

|      |                      |                          | A 11 august 1 a s ==:                            |
|------|----------------------|--------------------------|--|
|      |                      |                          | Allergology;                                     |
|      |                      |                          | Reproductive health;                             |
|      |                      |                          | Introduction to                                  |
|      |                      |                          | Nutritionology;                                  |
|      |                      |                          | Molecular genetics in                            |
|      |                      |                          | practical biology and                            |
|      |                      |                          | medicine;  |
|      |                      |                          | Fundamentals of                                  |
|      |                      |                          | pathophysiology;                                 |
|      |                      |                          | Medical Enzymology;                              |
|      |                      |                          | Fundamentals of integrative                      |
|      |                      |                          | medicine;  |
|      |                      |                          | Outpatient cardiology;                           |
|      |                      |                          | Pathological anatomy,                            |
|      |                      |                          | clinical pathological                            |
|      |                      |                          | anatomy;   |
|      |                      |                          | Ophthalmology;                                   |
|      |                      |                          | Polyclinic therapy;                              |
|      |                      |                          | Evidence-based medicine;                         |
|      |                      |                          | Forensic medicine;                               |
|      |                      |                          | Practice:  |
|      |                      |                          | Practice of surgical profile:                    |
|      |                      |                          | assistant surgeon;                               |
|      |                      |                          | Practice of obstetric and                        |
|      |                      |                          | gynecological profile:                           |
|      |                      |                          | assistant gynecologist;                          |
|      |                      |                          | Assistant physician of the                       |
|      |                      |                          | therapeutic profile:                             |
|      |                      |                          | assistant physician                              |
|      |                      |                          | therapist;                                       |
|      |                      |                          | General medical practice:                        |
|      |                      |                          | assistant to an outpatient                       |
|      |                      |                          | clinic doctor;                                   |
|      |                      |                          | Practice of obstetric and                        |
|      |                      |                          | gynecological profile:                           |
|      |                      |                          | assistant obstetrician;                          |
|      |                      |                          | General Medical practice: Assistant Pediatrician |
| PC-6 | Being to maintain    | Life safety              | Propaedeutics of internal                        |
|      | medical records and  |                          | diseases;  |
|      | organize the         | Practice:                | Radiation diagnostics;                           |
|      | activities of the    | Introductory practice    | General surgery;                                 |
|      | nursing staff at the | on obtaining primary     | Topographic anatomy and                          |
|      | disposal             | professional skills:     | operative surgery;                               |
|      | 1                    | patient care (simulation |  |
|      |                      | center);                 |  |
|      |                      | · ·                      |  |

| Introductory practice  | Public health and             |
|------------------------|-------------------------------|
| on obtaining primary   | healthcare, healthcare        |
| professional skills:   | economics;                    |
| patient care;          | Epidemiology;                 |
| Practice for obtaining |                               |
| primary professional   | Disaster Medicine;            |
| skills: assistant to   | Faculty Surgery;              |
| junior medical         | Urology;                      |
| personnel              | Polyclinic therapy;           |
|                        | Anesthesiology, intensive     |
|                        | care, intensive care;         |
|                        | Oncology, radiation           |
|                        | therapy;                      |
|                        | Maxillofacial surgery;        |
|                        | Allergology;                  |
|                        | Endoscopic urology            |
|                        |                               |
|                        | Practice:                     |
|                        | Practice of surgical profile: |
|                        | assistant surgeon;            |
|                        | General medical practice:     |
|                        | assistant to an outpatient    |
|                        | clinic doctor;                |
|                        | Practice on emergency         |
|                        | medical manipulations         |
|                        | (simulation center)           |

### 4. COURSE WORKLOAD AND ACADEMIC ACTIVITIES

The total workload of the course "Immunology" is 3 credits (108 academic hours).

Table 4.1. Types of academic activities during the periods of higher education programme mastering (full-time training)

| Type of academic activities                            |                | Total academic hours | Semesters/training modules 3 |  |
|--|----------------|----------------------|------------------------------|--|
| Contact academic hours                                 |                | 72                   | `72                          |  |
| including:   |                |                      |                              |  |
| Lectures (LC)  |                | 24                   | 24                           |  |
| Lab work (LW)  |                | -                    | -                            |  |
| Seminars (workshops/tutorials) (S)                     |                | 48                   | 48                           |  |
| Self-studies   |                | 36                   | 36                           |  |
| Evaluation and assessment (exam/passing/failing grade) |                | -                    | -                            |  |
| Course workload  | academic hours | 108                  | 108                          |  |
|  | credits        | 3                    | 3                            |  |

### **5. COURSE CONTENTS**

Table 5.1. Course contents and academic activities types

| Modules and Topics  | Content of the topics   | Type of academic activities |
|---------------------|---|-----------------------------|
| Module 1            | <b>1.1.</b> Introduction to immunology                        | LC, LW                      |
| Basic immunology    | <b>1.2.</b> The structure of immune system                    | LC, LW                      |
|                     | <b>1.3.</b> Innate immunity                                   | LC, LW                      |
|                     | <b>1.4.</b> Adaptive immunity                                 | LC, LW                      |
| Module 2            | <b>2.1.</b> Pathology of the immunity                         | LC, LW                      |
| Clinical immunology | <b>2.2.</b> Immunodiagnosis, immunoprophylaxis, immunotherapy | LC, LW                      |

## 6. CLASSROOM EQUIPMENT AND TECHNOLOGY SUPPORT REQUIREMENTS

Table 6.1. Classroom equipment and technology support requirements

| Type of academic activities | Classroom equipment  | Specialised educational / laboratory equipment, software, and materials for course study (if necessary)  |
|-----------------------------|--|--|
| Lecture                     | Conference room for providing lectures equipped with a set of specialized furniture and digital equipment;                                   | Camera; Communication<br>Station-HP Compaq Pro/Intel<br>Pentium E6300 / 2.8GHZ /<br>DDR3 1300 / HDD320Gb /<br>DVD +/- RWPCI Express x<br>16/2*Ethernet 10SATA 3/5/1 st<br>Hard Drive; Projector for<br>conference rooms EIKI LC-<br>XB43N; speaker system. |
| Lab work                    | Classroom for lab work, individual consultations, self-studies equipped with a set of specialized furniture; whiteboard.                     | PC (Core i5 9400 unit, BENQ GW2480 23.8 monitor, BENQ GW2480 23.8 monitor)   |
| Seminar                     | Classroom for seminar classes, consultations, intermediate certification, equipped with a set of specialized furniture and digital equipment | PC (monitor 19" Acer, Intel i7 8700/MV unit (GIGABYTE Z370); HP LaserJet Pro M227fdn laser MFP; PC (system block, monitor, mouse)  |
| Computer lab                | Computer class for seminar classes, consultations, intermediate certification,   | PC (AOC monitor 19", system block i3 7100/MV Asus/4Gb/240Gb SSD); MFP  |

| Type of academic activities | Classroom equipment  | Specialised educational / laboratory equipment, software, and materials for course study (if necessary) |
|-----------------------------|--|---|
|                             | equipped with a set of specialized furniture, personal computers (3 un.) and digital equipment   | laser HP LaserJet MFP M132nw EN white   |
| Self-studies                | Classroom for self-studies of students (can be used for seminars and consultations), equipped with a set of specialized furniture, computers with stable wireless Internet connection. | LCD panel with VBA port;<br>LED TV SUPRA 'STV-<br>LC47660FL00   |

### 7. RESOURCES RECOMMENDED FOR COURSE STUDY

### Main readings:

Hardcover

- 1. Immunology: textbook / R. M. Khaitov. 4th ed., reprint. and add. Moscow: GEOTAR-Media, 2021. 520 p. ISBN 978-5-9704-6398-7.
- 2. R.I. Sepiashvili. Physiology of the immune system: monograph. M.: Medicine Health, 2019. 338 p.

#### Electronic sources:

- 1. Immunology [Electronic resource]: textbook / R. M. Khaitov. 4th ed., reprint. and add. Moscow: GEOTAR-Media, 2021. 520 p. ISBN 978-5-9704-6398-7. https://www.studentlibrary.ru/book/ISBN9785970463987.html
- 2. Immunology. [Electronic resource]: atlas / Khaitov R. M., Garib F. Yu. Moscow: GETAR-Media, 2020. 416 p. ISBN 978-5-9704-5525-8. <a href="https://www.studentlibrary.ru/book/ISBN9785970455258.html">https://www.studentlibrary.ru/book/ISBN9785970455258.html</a>
- 3. Immunology [Electronic resource]: textbook / Yarilin A. A. Moscow: GEOTAR-Media, 2010. 752 p. ISBN 978-5-9704-1319-7. <a href="https://www.studentlibrary.ru/book/ISBN9785970413197.html">https://www.studentlibrary.ru/book/ISBN9785970413197.html</a> Additional reading:

### Hardcover:

1. R.I. Sepiashvili, I.P. Balmasova M. Physiology of natural killers. Medicine-Health, 2005. – 456 p

### Electronic sources:

- 1. Immunology: Structure and functions of the immune system / Khaitov R. M. Moscow: GEOTAR-Media, 2019. 328 p. ISBN 978-5-9704-4962-2. https://www.studentlibrary.ru/book/ISBN9785970449622.html
- 2. Allergology and clinical immunology / edited by R. M. Khaitova, N. I. Ilyina Moscow: GEOTAR-Media, 2019. 336 p. (Series "Clinical Recommendations") ISBN 978-5-9704-5010-9.
- 3. <a href="https://www.studentlibrary.ru/book/ISBN9785970450109.html">https://www.studentlibrary.ru/book/ISBN9785970450109.html</a>

- 4. Basic immunology with the basics of clinical immunology: textbook. manual / A.V. Moskalev, V. B. Sboychakov, A. S. Rudoy. Moscow: GEOTAR-Media, 2015. 352 p. ISBN 978-5-9704-3382-9.
- 5. https://www.studentlibrary.ru/book/ISBN9785970433829.html
- 6. Microbiology, virology, immunology of the oral cavity: textbook / edited by V. N. Tsarev. 2nd ed., reprint. and add. Moscow: GEOTAR-Media, 2021. 720 p. ISBN 978-5-9704-6260-7. -
- 7. https://www.studentlibrary.ru/book/ISBN9785970462607.html

### Internet (based) sources:

- 1. Electronic libraries with access for RUDN students:
  - Electronic library network of RUDN ELN RUDN <a href="http://lib.rudn.ru/MegaPro/Web">http://lib.rudn.ru/MegaPro/Web</a>
  - ELN «University Library online» <a href="http://www.biblioclub.ru">http://www.biblioclub.ru</a>
  - ELN Urait <a href="http://www.biblio-online.ru">http://www.biblio-online.ru</a>
  - ELN «Student Advisor» www.studentlibrary.ru
  - ELN «Lan» http://e.lanbook.com/
- 2. Databases and search engines:
  - Database elibrary.ru scientific electronic library. The link:
  - http://elibrary.ru/defaultx.asp/
  - Electronic libraries with access for RUDN students. The link: <a href="http://lib.rudn.ru/MegaPro/Web/">http://lib.rudn.ru/MegaPro/Web/</a>
  - Electronic library of the medical university. The link:
  - http://www.studmedlib.ru/
  - National Center for Biotechnological Information. The link:
  - https://www.ncbi.nlm.nih.gov/

*Training toolkit for self- studies to master the course* \*:

- 1. The set of lectures on the course "Immunology"
- \* The training toolkit for self- studies to master the course is placed on the course page in the university telecommunication training and information system under the set procedure.

### 8. ASSESSMENT TOOLKIT AND GRADING SYSTEM\* FOR EVALUATION OF STUDENTS' COMPETENCES LEVEL UPON COURSE COMPLETION

The assessment toolkit and the grading system\* to evaluate the competences formation level (competences in part) upon the course study completion are specified in the Appendix to the course syllabus.

\* The assessment toolkit and the grading system are formed on the basis of the requirements of the relevant local normative act of RUDN University (regulations / order).

| <b>DEVELOPERS:</b>                     |           |                  |
|--|-----------|------------------|
| Professor of the Immunology department |           | E.A. Levkova     |
| position, department                   | signature | name and surname |

| Professor of the Immunology department |           | A.D. Donetskova  |
|--|-----------|------------------|
| position, department                   | signature | name and surname |
| HEAD OF EDUCATIONAL DEPA               | ARTMENT:  |                  |
| of Immunolgy                           |           | O.G. Elisyutina  |
| name of the department                 | signature | name and surname |
| HEAD                                   |           |                  |
| OF HIGHER EDUCATION PROC               | GRAMME:   |                  |
| Associate Director                     |           |                  |
| MI RUDN                                |           | S.N. Razumova    |
| specialty dentistry                    |           |                  |
| position, department                   | signature | name and surname |