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**Federal State Autonomous Educational Institution for Higher Education PEOPLES'
FRIENDSHIP UNIVERSITY OF RUSSIA
Agrarian and Technological Institute**

WORKING COURSE SYLLABUS

Personality psychology and professional self-determination

Recommended by the Methodological Council for the Education Field:

36.05.01 Veterinary medicine

2022 г.

1. GOALS AND OBJECTIVES OF THE DISCIPLINE

The aim of mastering the discipline "**Personality psychology and professional self-determination**" is the formation of ideas about the basics of psychology and as a branch of scientific knowledge, psychological characteristics of man as a factor in the success of his activities, increasing general and psychological and pedagogical culture.

2. REQUIREMENTS FOR THE RESULTS OF MASTERING THE DISCIPLINE

The development of the discipline "**Personality psychology and professional self-determination**" is aimed at creating the following competencies (parts of competencies) for students:

Table 2.1. List of competencies formed by students during the development of the discipline (results of the development of the discipline)

Code	Competence	Indicators of competence accomplishment (within the discipline)
UK -2	The ability to manage a project at all stages of its life cycle.	UK-2.1 Formulates a problem, the solution of which is directly related to the achievement of the project goal;
		UK -2.2 Defines the links between the tasks set and the expected results of their solution;
		UK -2.3 Within the framework of the tasks set, determines the available resources and restrictions, the current legal norms;
		UK -2.4 Analyzes the schedule for the implementation of the project as a whole and chooses the best way to solve the tasks, based on the current legal norms and available resources and limitations;
		UK -2.5 Monitors the progress of the project, adjusts the schedule in accordance with the results of the control.
UK -3	The ability to organize and manage the work of the team, developing a team strategy to achieve the goal.	UK-3.1 Defines his role in the team based on the strategy of cooperation to achieve the goal;
		UK-3.2 Formulates and takes into account in its activities the peculiarities of the behavior of groups of people, identified depending on the goal;
		UK-3.3 Analyzes the possible consequences of personal actions and plans his actions to achieve the desired result;

		UK-3.4 Exchanges information, knowledge and experience with team members;
		UK -3.5 Argues his point of view regarding the use of the ideas of other team members to achieve the goal;
		UK -3.6 Participates in team work on the execution of assignments.
UK -5	Ability to analyze and take into account the diversity of cultures in the process of intercultural interaction	UK -5.1 Interprets the history of Russia in the context of world historical development;
		UK -5.2 Finds and uses in social and professional communication information about the cultural characteristics and traditions of various social groups;
		UK -5.3 Takes into account, in social and professional communication on a given topic, the historical heritage and socio-cultural traditions of various social groups, ethnic groups and confessions, including world religions, philosophical and ethical teachings;
		UK -5.4 Collects information on a given topic, taking into account the ethnic groups and confessions that are most widely represented at the points of the study;
		UK -5.5 Substantiates the features of project and team activities with representatives of other ethnic groups and (or) confessions;
		UK-5.6 Adheres to the principles of non-discriminatory interaction in personal and mass communication in order to fulfill professional tasks and strengthen social integration.
UK -6	The ability to determine and implement the priorities of one's own activity and ways to improve it based on self-assessment and lifelong education.	UK-6.1 Controls the amount of time spent on specific activities;
		UK-6.2 Develops tools and methods of time management when performing specific tasks, projects, goals;
		UK -6.3 Analyzes its resources and their limits (personal, situational, temporary, etc.), for the successful completion of the task;
		UK -6.4 Finds and uses sources of additional information to increase the level of general and professional

		<p>knowledge;</p> <p>UK -6.5 Analyzes the main opportunities and tools of continuing education in relation to their own interests and needs, taking into account the conditions, means, personal capabilities, stages of career growth, time prospects for the development of activities and the requirements of the labor market;</p> <p>UK -6.6 Defines the tasks of self-development, goals and priorities of professional growth;</p> <p>UK -6.7 Distributes tasks into long-, medium- and short-term ones with justification of relevance and analysis of resources for their implementation.</p>
UK-11	The ability to form an intolerant attitude to corrupt behavior	<p>UK -11.1 Analyzes the current legal norms that ensure the fight against corruption in various areas of life, as well as ways to prevent corruption and form an intolerant attitude towards it</p> <p>UK -11.2 Plans, organizes and conducts activities that ensure the formation of a civic position and the prevention of corruption in society</p> <p>UK -11.3 Adheres to the rules of public interaction on the basis of compliance with current legislation and intolerant attitude to corruption</p>
UK -12	The ability to search for the necessary sources of information and data, to perceive, analyze, memorize and transmit information using digital means, as well as using algorithms when working with data obtained from various sources in order to effectively use the information received to solve problems; to evaluate information, its reliability, build logical conclusions based on incoming information and data	<p>UK -12.1 Searches for the necessary sources of information and data, perceives, analyzes, remembers and transmits information using digital means, as well as using algorithms when working with data obtained from various sources in order to effectively use the information received to solve problems</p> <p>UK-12.2 Evaluates information, its reliability, builds logical conclusions based on incoming information and data</p>
GPC -4	The ability to use methods of solving problems using modern equipment in the development of new technologies in	GPC-4.1 Possesses the conceptual and methodological apparatus of basic natural sciences at a level sufficient for full-fledged professional activity at the

	professional activity and to use modern professional methodology for conducting experimental research and interpreting their results.	modern level. GPC-4.2 He knows the methods of solving problems using modern equipment. GPC-4.3 He is ready to use modern methodology in the development and conduct of experimental research. GPC-4.4 Uses modern professional methodology in interpreting research results.
PC -1	The ability to collect anamnesis of life and disease of animals to identify the causes of diseases and their nature.	PC -1.1 He is able to collect an anamnesis of the animal's life and reflect this in the relevant service documentation. PC-1.2 He is able to collect the anamnesis of the animal's disease and reflect it in the patient's medical history. PC-1.3 He is able to identify possible causes of the disease in an animal, factors predisposing to the disease and concomitant conditions affecting the nature of the course of the disease and use this information when making a diagnosis.

3. COURSE IN HIGHER EDUCATION

The discipline "**Personality psychology and professional self-determination**" belongs to the part formed by the participants of educational relations of the block B1 of the Educational Program of Higher Education.

As part of the Educational Program of Higher Education, students also master other disciplines and /or practices that contribute to achieving the planned results of mastering the discipline "**Personality psychology and professional self-determination**".

Table 3.1. List of Higher Education Program components disciplines that contribute to expected learning outcomes

Competence code	Competence	Previous Disciplines (Modules)	Subsequent Disciplines (Modules)
UK -2	The ability to manage a project at all stages of its life cycle.	Philosophy Organization of veterinary affairs Maths Introduction to the specialty Fundamentals of Economics and	Veterinary and industrial laboratories with design basics Career management Space technologies at the service of the agro-industrial complex

		Management Veterinary deontology Economics and organization of agricultural production The basics of intellectual work	
UK -3	The ability to organize and manage the work of the team, developing a team strategy to achieve the goal.	Law science Life safety Operative surgery with topographic anatomy Internal diseases General surgery Private Veterinary Surgery Parasitology and invasive diseases Epizootology and infectious diseases Organization of veterinary affairs Maths Basics of Rhetoric and Communication Introduction to the specialty Fundamentals of Economics and Management Veterinary sanitation Veterinary deontology The basics of intellectual work	Basics of social and legal knowledge
UK -5	Ability to analyze and take into account the diversity of cultures in the process of intercultural interaction	History Law science Philosophy Basics of Rhetoric and Communication Veterinary deontology Foreign language Russian as a foreign language The basics of	Communicative workshop Foreign language for special purposes Russian language for special purposes Foreign language. Translation of special texts Russian language. Translation of special

		intellectual work	texts Foreign language. Professional communications Russian language. Professional communications
UK -6	The ability to determine and implement the priorities of one's own activity and ways to improve it based on self-assessment and lifelong education.	Philosophy Internal diseases General surgery Private Veterinary Surgery Epizootology and infectious diseases Organization of veterinary affairs Maths Introduction to the specialty Veterinary deontology The basics of intellectual work	Career management Basics of social and legal knowledge Reconstructive surgery
UK-11	The ability to form an intolerant attitude to corrupt behavior	Law science Philosophy Forensic veterinary examination and dissection of animals Veterinary deontology	Organization of state veterinary supervision Basics of social and legal knowledge
UK -12	The ability to search for the necessary sources of information and data, to perceive, analyze, memorize and transmit information using digital means, as well as using algorithms when working with data obtained from various sources in order to effectively use the information received to solve problems; to evaluate information, its reliability, build logical conclusions	Law science Computer science Philosophy Life safety Instrumental diagnostic methods Organization of veterinary affairs Forensic veterinary examination and dissection of animals Maths Veterinary deontology Medicinal and poisonous plants The basics of intellectual work	Clinical laboratory diagnostics Laboratory diagnostics of infectious and invasive diseases Organization of state veterinary supervision Veterinary and industrial laboratories with design basics Biometrics in veterinary medicine Basics of social and legal knowledge Space technologies at the service of the agro-industrial complex

	based on incoming information and data		
GPC -4	The ability to use methods of solving problems using modern equipment in the development of new technologies in professional activity and to use modern professional methodology for conducting experimental research and interpreting their results.	Inorganic and analytical chemistry Organic chemistry Biological physics Computer science Physical and Colloidal Chemistry Cytology, Histology and Embryology Biological chemistry Veterinary Microbiology and Mycology Virology and biotechnology Physiology and ethology of animals Breeding with the basics of private animal husbandry Pathological physiology Veterinary radiobiology Clinical diagnostics Pathological anatomy Operative surgery with topographic anatomy Instrumental diagnostic methods Toxicology Obstetrics, gynecology and andrology Internal diseases General surgery Private Veterinary Surgery Parasitology and invasive diseases Epizootology and infectious diseases Maths Immunology Veterinary sanitation	Clinical laboratory diagnostics Laboratory diagnostics of infectious and invasive diseases Horse diseases Diseases of Productive Animals Diseases of small pets Болезни мелких домашних животных Diseases of bees and entomophages Fish pathology and aquaculture Diseases of exotic animals Anesthesiology, resuscitation and intensive care Dermatology Cardiology Endocrinology Nephrology Reconstructive surgery Veterinary ophthalmology Animal Dentistry

		Processing technology for livestock products Medicinal and poisonous plants Fodder plants The basics of intellectual work	
PC -1	The ability to collect anamnesis of life and disease of animals to identify the causes of diseases and their nature.	Veterinary genetics Physiology and ethology of animals Breeding with the basics of private animal husbandry Animal health and welfare Feeding animals with the basics of forage production Clinical diagnostics Toxicology Obstetrics, gynecology and andrology Internal diseases General surgery Private Veterinary Surgery Parasitology and invasive diseases Epizootology and infectious diseases Basics of Rhetoric and Communication Veterinary deontology Zoopsychology Здоровье и благополучие животных	Horse diseases Diseases of Productive Animals Diseases of small pets Болезни мелких домашних животных Diseases of exotic animals Anesthesiology, resuscitation and intensive care Dermatology Cardiology Endocrinology Nephrology Reconstructive surgery Veterinary ophthalmology Animal Dentistry

4. COURSE WORKLOAD AND TRAINING ACTIVITIES

Course workload of the discipline "**Personality psychology and professional self-determination**" is 3 credits.

*Table 4.1. Types of academic activities during the period of the HE program mastering for **full-time** study*

Types of academic activities		HOURS	Semesters			
			5	-	-	-
Contact academic hours		36	36	-	-	-
including						
Lectures		-	-	-	-	-
Lab work		-	-	-	-	-
Seminars (workshops/tutorials)		36	36	-	-	-
Self-study		56	56	-	-	-
Evaluation and assessment (exam/pass/fail grading)		16	16	-	-	-
Course workload		Academic hour	108	108	-	-
		Credit unit	3	3	-	-

Table 4.2. Types of academic activities during the period of the HE program mastering for *part-time* study

Types of academic activities		HOURS	Semesters			
			5	-	-	-
Contact academic hours		18	18	-	-	-
including						
Lectures		-	-	-	-	-
Lab work		-	-	-	-	-
Seminars (workshops/tutorials)		18	18	-	-	-
Self-study		84	84	-	-	-
Evaluation and assessment (exam/pass/fail grading)		6	6	-	-	-
Course workload		Academic hour	108	108	-	-
		Credit unit	3	3	-	-

5. CONTENT OF THE DISCIPLINE

Table 5.1 Content of the discipline (module) by type of academic work

Name of the discipline section	Content of the section (topics)	Types of academic activities
Section 1. Psychology	Topic 1.1. Psychology as a science. History of the formation and development of psychology, the subject of psychology, objectives, branches, methods of psychology. The main directions of modern psychology in the West and in Russia. Approaches to understanding the nature of the psyche. Consciousness and its characteristics. Self-consciousness and self-concept.	Seminar classes

	Unconscious phenomena, their signs and types.	
	Topic 1.2. Cognitive processes. Perception and perception, their types and properties. Attention, its types and properties. Memory, its processes and types. Techniques for effective recall of information. Thinking, its types. Basic thinking operations. Forms of logical thinking. Qualities of the mind. Imagination, its functions and types. Ways of creating images of imagination. Speech and language.	Seminar classes
	Topic 1.3. Personality and its development. Structure of personality and individuality. Correlation of biological and social in personality development. The concept of development, types of development. Age periodization of mental development. Age-specific psychological features of the personality. Mental dysontogenesis (developmental anomalies).	Seminar classes
	Topic 1.4. Individual psychological features of personality. Temperament. Attributes and abilities. Character. Will. Emotions.	Seminar classes
	Theme 1.5 Psychology of Communication. Communication and its structure. Perception and understanding in the process of communication. Effects of interpersonal perception. Mechanisms of human understanding. Means of psychological influence. Conflict, its types and causes.	Seminar classes
Section 2. Professional Self-Determination	Topic 2.1. Psychology of professional activity. The essence of professional self-determination	Seminar classes
	Topic 2.2. Profession selection and professional aptitude	Seminar classes
	Topic 2.3. Professional self-determination. The technology of choosing a profession	Seminar classes
	Topic 2.4. The concept of mental processes. Volitional regulation of	Seminar classes

	human activity	
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6. CLASSROOM INFRASTRUCTURE AND TECHNOLOGY SUPPORT REQUIREMENTS

Table 6.1. Material and technical support of the discipline

<i>Classroom for Academic Activity Type</i>	<i>Equipping the classroom</i>	Specialized educational/laboratory equipment, software and materials for the development of the discipline (if necessary)
Seminary	An auditorium for conducting seminar-type classes, group and individual consultations, ongoing monitoring and interim certification, equipped with a set of specialized furniture and multimedia presentation equipment.	-
Self-studies	An auditorium for independent work of students (can be used for seminars and consultations), equipped with a set of specialized furniture and computers with access to an electronic information and educational environment.	-

7. RECOMMENDED SOURCES FOR COURSE STUDIES

Main reading:

1. Kuklina Lyudmila Vladimirovna. Practical basics of social psychology : textbook / L.V. Kuklina, S.Y. Kuklin. - Electronic text data. - MOSCOW. : RUN, 2021. - 142 c.
2. Efimova Natalia Sergeevna. Psychology of Communication. Practicum in psychology : textbook / N.S. Efimova. - Moscow : FORUM : INFRA-M, 2019. - 192 c.

Additional Reading:

1. Gippenreiter Y. B. Introduction to General Psychology: Course of Lectures: Textbook for Universities. - Moscow: AST: Astril, 2008.
2. Koryagina N.A. Psychology of communication: Textbook and practical work for academic bachelor's degree. M. : Yurite, 2016.
3. Polyanskaya E.N. Russian-Arabic explanatory dictionary for the course "Psychology". [Electronic resource]. - M.: PFUR Publishing House, 2016. - URL: http://lib.rudn.ru/MegaPro/UserEntry?Action=Rudn_FindDoc&id=451850&idb=0

4. Polyanskaya E.N., Boyko Z.V. The ABC of Psychology: Textbook for foreign students. - M. : FORUM, 2014.

Resources of the Internet information and telecommunication network:

1. Electronic library system of RUDN and third-party Electronic library systems to which university students have access on the basis of concluded contracts:

- Electronic library system of RUDN - ELS RUDN <http://lib.rudn.ru/MegaPro/Web>
- ELS "University Library online" <http://www.biblioclub.ru>
- ELS Yurayt <http://www.biblio-online.ru>
- ELS "Student Consultant" www.studentlibrary.ru
- ELS "Lan" <http://eZlanbook.com/>
- ELS "Trinity Bridge" <http://www.trmost.com/>

2. Databases and search engines:

- electronic fund of legal and regulatory and technical documentation <http://docs.cntd.ru/>
- search engine Yandex <https://www.yandex.ru/>
- search engine Google <https://www.google.ru/>
- abstract database SCOPUS <http://www.elsevierscience.ru/products/scopus/>

Educational and methodological materials for independent work of students during the development of the discipline/ module*:

1. A course of lectures on the discipline "**Personality psychology and professional self-determination**".
2. Seminary workshop on the discipline "**Personality psychology and professional self-determination**".

* - All educational and methodological materials for independent work of students are placed in accordance with the current procedure on the discipline page in the **Telecommunication educational and Information System!**

8. MID-TERM ASSESSMENT

Evaluation materials and a point-rating system* for assessing the level of competence formation (part of competencies) based on the results of mastering the discipline "**Personality psychology and professional self-determination**" are presented in the Appendix to this Work Program of the discipline.

* - Assessment Materials and a Point Rating System are formed based on the requirements of the relevant local regulatory act of the RUDN.

DEVELOPER:

Associate Professor in the Department of Psychology
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Position, Basic curriculum

Signature

Polyanskaya E.N.

Full name.

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Position, Basic curriculum

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