

Документ подписан простой электронной подписью  
Информация о владельце:  
ФИО: Ястребов Олег Александрович  
Должность: Ректор  
Дата подписания: 28.05.2026 13:00:45  
Уникальный программный ключ:  
ca953a0120d891083f939673078ef1a989dae18a

**Federal State Autonomous Educational Institution of Higher Education "Patrice  
Lumumba Peoples' Friendship University of Russia"**

**Medical Institute**

---

## **WORKING PROGRAM OF THE DISCIPLINE**

### **RUSSIAN AS A FOREIGN LANGUAGE**

---

**Recommended by MSTS for the direction of training / specialty**

**31.05.01 GENERAL MEDICINE**

---

**The development of the discipline is carried out within the framework of the  
implementation of the main professional educational program of higher  
education (EP HE):**

**31.05.01 GENERAL MEDICINE**

---

**2026 г.**

## 1. PURPOSE OF DEVELOPING THE DISCIPLINE

The purpose of mastering the discipline " Russian as a foreign language " is to develop and improve the professional and communicative competence of foreign students, which includes linguistic, subject, sociocultural, strategic, compensatory, discursive, speech-behavioral, infocommunication and other competencies as the main components, which ensures the effectiveness of educational and professional communication in Russian, readiness and ability to solve professional and communicative tasks by means of the language being studied.

## 2. REQUIREMENTS FOR THE RESULTS OF MASTERING THE DISCIPLINE

Mastering the discipline " Russian as a foreign language " is aimed at developing the following competencies in students:  
UC-4.; UC-4.1; UC-4.2.

*Table 2.1. The list of competencies formed by students in the course of mastering the discipline (the results of mastering the discipline)*

Code	Name of competence	Indicators of achievement of competencies (within this discipline)
UC-4	UC-4. Being able to apply modern communication technologies, including in a foreign language/foreign languages to interact in the academic and professional areas.	UC -4.1. Argumentatively and constructively defends his positions and ideas in academic and professional discussions in the state language of the Russian Federation and in a foreign language; UC -4.2. Making up, translating from a foreign language into the state language of the Russian Federation and vice versa, and editing various academic texts (reference works, essays, reviews, articles, etc.), including in a foreign language.

## 3. THE PLACE OF DISCIPLINE IN THE STRUCTURE OF OP VO

The discipline " Russian as a foreign language" refers to the mandatory part of the training block B1.O.01.

*As part of the programme, students also master other disciplines and / or practices that contribute to the achievement of the planned results of mastering the discipline " Russian as a foreign language"*

Table 3.1. The list of components of the programme that contribute to the achievement of the planned results of the development of the discipline

Code	Name of competence	Previous disciplines/modules, practices*	Subsequent disciplines/modules, practices*
UC-4.	Being able to apply modern communication technologies, including in a foreign language/foreign languages to interact in the academic and professional areas.	"Russian as a foreign language" (I certification level of Russian as a foreign language)	"Russian for foreign students" «Rhetoric» "Russian language and culture of speech"

#### 4. VOLUME OF DISCIPLINE AND TYPES OF EDUCATIONAL WORK

The total labor intensity of the discipline "Russian as a foreign language" is 6 credits, 216 academic hours.

Table 4.1. Types of educational work by periods of mastering EP VO for full-time education

Type of study	Total hours	Semesters	
		1	2
<b>Classroom activities (total)</b>	<b>102</b>	<b>68</b>	<b>34</b>
Including:			
Lectures (L)			
Seminars (S)	102	<b>68</b>	<b>34</b>
Laboratory work (LW)			
<i>Self-guided work</i>	24	4	20
<i>Control (exam/test with assessment), acc.</i>	18		<b>18</b>
<b>Total labor hours</b>	<b>hours</b>	144	<b>72</b>
	<b>Credit</b>	4	<b>2</b>

#### 5. CONTENT OF THE DISCIPLINE

Table 5.1. The content of the discipline (module) by type of educational work

Name of the discipline section	Contents of the section (topic)	Type of study*
	Topic 1.1. Structure of an object	S

<b>SECTION 1. OBJECT AND ITS CHARACTERISTICS</b>	Topic 1.2. Qualitative and quantitative characteristics, properties of the object	<b>S</b>
	Topic 1.3. The function of an object	<b>S</b>
	Topic 1.4. Classification of objects	<b>S</b>
<b>SECTION 2. ORGANISM AS A BIOLOGICAL OBJECT AND ITS CHARACTERISTICS</b>	Topic 2.1. General characteristics of the organism	<b>S</b>
	Topic 2.2. Life cycle of an organism	<b>S</b>
	Topic 2.3. General characteristics of the disease caused by the body	<b>S</b>
<b>SECTION 3. PHYSIOLOGICAL PROCESS AND ITS CHARACTERISTICS</b>	Topic 3.1. General characteristics of the process	<b>S</b>
	Topic 3.2. Staged process.	<b>S</b>
	Topic 3.3. Process mechanisms.	<b>S</b>

\* - filled in only for full-time education: L - lectures; LR - laboratory work; S - seminars

## 6. LOGISTICS AND TECHNICAL SUPPORT OF THE DISCIPLINE

Table 6.1. Logistics of discipline

<b>Item №</b>	<b>Type of audience</b>	<b>Audience equipment</b>	<b>Specialized educational / laboratory equipment, software and materials for mastering the</b>
1.	Specialized Audience	Audiences for conducting entrance testing, final testing. Comp. medical school classes	Set of specialized furniture, Electric wall screen Cactus MotoExpert 150x200cm (CS-PSME-200X150-WT), Projector BenQ MH550, Software: Microsoft products (OS, office suite,

			including MS Office/Office 365, Teams)
2.	Educational and scientific audience	Audiences for practical training, individual consultations, current control and intermediate certification, equipped with a set of specialized furniture and equipment. RUDN Audit Fund: room. 377,378, 379	мультимедийный проектор; персональный компьютер, аудио-, видеоматериалы.
3.	For Self-guided work of students	An auditorium for independent work of students (can be used for practical classes, additional classes and consultations), equipped with a set of specialized furniture (room 377)	multimedia projector; personal computer, audio and video materials.

## 7. EDUCATIONAL-METHODOLOGICAL AND INFORMATION SUPPORT OF THE DISCIPLINE

### *Main literature:*

1. Kurylenko V.B., Titova L.A., Smoldyreva T.A., Makarova M.A. We talk about medicine in Russian. Russian language for international medical students. II level of Russian language proficiency in educational and socio-professional macrospheres: Textbook. - M., FLINTA, 2020. 392 p.
2. Khvorikova E.G. Russian language. Scientific style of speech. Grammar. - M.: Publishing house of RUDN University, 2018. - 81p.  
[http://lib.rudn.ru/MegaPro/UserEntry?Action=Rudn\\_FindDoc&id=466177&idb=0](http://lib.rudn.ru/MegaPro/UserEntry?Action=Rudn_FindDoc&id=466177&idb=0)
3. Makhankova I.P. Russian language. Scientific style of speech. Grammar. - M.: Publishing house of RUDN University, 2018. - 79p. [http://lib.rudn.ru/MegaPro/UserEntry?Action=Rudn\\_FindDoc&id=466175&idb=0](http://lib.rudn.ru/MegaPro/UserEntry?Action=Rudn_FindDoc&id=466175&idb=0)
4. Soboleva N.I., Gadalina I.I., Ivanova A.S. Progress. Practical Grammar. - M.: Publishing House of RUDN University, 2018. - 220p.  
[http://lib.rudn.ru/MegaPro/UserEntry?Action=Rudn\\_FindDoc&id=478129&idb=0](http://lib.rudn.ru/MegaPro/UserEntry?Action=Rudn_FindDoc&id=478129&idb=0)

### *Methodological literature for teacher:*

1. Requirements for Russian as a foreign language. The second level of Russian language proficiency in educational and socio-professional macro spheres. For students of natural science, biomedical and engineering profiles / Ed.count: Gapochka, I. K., V. B. Kurylenko, L. A. Titova. – M.: publishing house of PFUR, 2005

2. Russian as a foreign language program. The second level of Russian language proficiency in educational and socio-professional macro spheres. For students of medical and biological profile / Ed.count: Gapochka, I. K., V. B. Kurylenko, L. A. Titova, T. A. Smondyrev, M. A. Makarova. – M.: RUDN, 2005

*Additional literature*

1. Gracheva O. A. [Lexico-grammatical minimum in the system of exercises. Classification. Measurement. Process \(scientific style of speech\).](http://lib.rudn.ru/MegaPro/UserEntry?Action=Rudn_FindDoc&id=477883&idb=0) – Moscow: Publishing house of RUDN, 2018. – 40 p. [http://lib.rudn.ru/MegaPro/UserEntry?Action=Rudn\\_FindDoc&id=477883&idb=0](http://lib.rudn.ru/MegaPro/UserEntry?Action=Rudn_FindDoc&id=477883&idb=0)
2. Horikova E. G. Training the test on Russian as a foreign language: 2 certification level. – Moscow: Publishing house of RUDN, 2018. – 73 p. [http://lib.rudn.ru/MegaPro/UserEntry?Action=Rudn\\_FindDoc&id=470183&idb=0](http://lib.rudn.ru/MegaPro/UserEntry?Action=Rudn_FindDoc&id=470183&idb=0)
3. Makarova M. A., Chekhonina I. E., Kurilenko V. B., Smoldyрева T. A. Russian cases. – M., RUDN, 2017. <http://esystem.pfur.ru/mod/resource/view.php?id=258797>
4. Scherbakova O. M., Shatalova L. S., Sokolova N. Aspects of verb. – M., 2017. <http://esystem.rudn.ru/mod/resource/view.php?id=258800>

*Electronic educational resources, databases, information and reference and search systems*

*RUDN ELS and third-party ELS, to which university students have access on the basis of concluded agreements:*

1. RUDN University Electronic Library System - RUDN University EBS <http://lib.rudn.ru/MegaPro/Web>
  1. EBS "University Library Online" <http://www.biblioclub.ru>
  2. EBS Urayt <http://www.biblio-online.ru>
  3. EBS "Student Advisor" [www.studentlibrary.ru](http://www.studentlibrary.ru)
  4. EBS "Lan" <http://e.lanbook.com/>
  5. EBS "Trinity Bridge"
- Databases and search systems:
6. electronic fund of legal and regulatory and technical documentation <http://docs.cntd.ru/>
  7. Yandex search engine <https://www.yandex.ru/>
  8. Google search engine <https://www.google.ru/>

*Educational and methodological materials for independent work of students in the development of the discipline/module\*:*

1. Study guide.
2. Guidelines for students on mastering the discipline " **Russian as a foreign language** "

\* - all educational and methodological materials for independent work of students are placed in accordance with the current procedure on the page of the discipline in TUIS!

## **8. EVALUATION MATERIALS AND SCORE-RATING SYSTEM FOR ASSESSING THE LEVEL OF FORMATION OF COMPETENCES IN THE DISCIPLINE**

Evaluation materials and a point-rating system\* for assessing the level of formation of competencies (parts of competencies) based on the results of mastering the discipline **Russian as a foreign language** " are presented in application to this Work Program of the discipline.

\* - OM and BRS are formed based on the requirements of the relevant local normative act of the Peoples' Friendship University of Russia.

### **DEVELOPERS:**

Head of the Department  
of Russian Language N 5

---

V. B. Kurilenko

---

Associate Professor of the  
Russian Language  
Department N5

---

Yu. N. Biryukova

---

### **HEAD OF THE DEPARTMENT:**

Head of Department of the  
Russian Language №5 of  
the Institute of the Russian  
Language

---

V. B. Kurilenko

---

### **HEAD OF the Educational Programme:**

Head of the Department of  
General Medical Practice

---

N. V. Sturov

---