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ФИО: Ястребов Олег Владимирович  
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**Federal State Autonomous Educational Institution of Higher Education**  
**PEOPLES' FRIENDSHIP UNIVERSITY OF RUSSIA**  
**NAMED AFTER PATRICE LUMUMBA**  
**RUDN University**  
**Institute of Medicine**

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educational division (faculty/institute/academy) as higher education programme developer

## **COURSE SYLLABUS**

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### **FUNDAMENTALS OF RUSSIAN STATEHOOD**

(course title)

#### **Recommended by the Didactic Council for the Education Field of:**

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31.05.01 General Medicine

field of studies / speciality code and title

#### **The course instruction is implemented within the professional education program of higher education:**

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General Medicine

higher education programme profile/specialisation title

2026

## 1. COURSE GOAL(s)

The course “Fundamentals of Russian Statehood” is included in the specialty program “General Medicine” in the direction of 31.05.01 “General Medicine” and is studied in the 1st semester of the 1st year. The discipline is implemented by the Department of Public Policy and History of State and Law. The discipline consists of 5 sections and 10 topics and is aimed at studying Russian statehood in a broad cultural, value and historical context.

The goal of the course is to form in Russian students a system of knowledge, skills and competencies, as well as values, rules and norms of behavior associated with the awareness of belonging to Russian society, the development of a sense of patriotism and citizenship, the formation of the spiritual, moral and cultural foundation of a developed and integral personality, aware features of the historical path of the Russian state, the originality of its political organization and the combination of individual dignity and success with social progress and political stability of their homeland.

For foreign students, it is about discovering what the Russian state is based on, to learn more about Russia, its history, its culture, its political system, its civilizational particularities and worldview.

## 2. REQUIREMENTS FOR LEARNING OUTCOMES

Mastering the course (module) “Fundamentals of Russian Statehood” s aimed at the development of the following competences /competences in part: GC-5.

*Table 2.1. List of competences that students acquire through the course study*

Competence code	Competence descriptor	Competence formation indicators (within this course)
GC-5	The ability to analyze and take into account cultural diversity in the process of intercultural.	GC-5.1 Interprets Russian history in the context of world historical development.

## 3. COURSE IN HIGHER EDUCATION PROGRAMME STRUCTURE

The course refers to the core/variable/elective\* component of (B1) block of the higher educational programme curriculum.

\* - Underline whatever applicable.

Within the higher education programme students also master other (modules) and / or internships that contribute to the achievement of the expected learning outcomes as results of the course study.

*Table 3.1. The list of the higher education programme components/disciplines that contribute to the achievement of the expected learning outcomes as the course study results*

Competence code	Competence descriptor	Previous courses/modules*	Subsequent courses/modules*

GC-5	The ability to analyze and take into account cultural diversity in the process of intercultural.		Bioethics**; History of Medicine; Rhetoric**;  Foreign language**;  Foreign language (elective);  Russian language for foreign students;  Methods of teaching Russian as a foreign language;  Basics of translation;  Psychology of ethnic conflict**;  Public health and health care, health economics;
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\* To be filled in according to the competence matrix of the higher education programme.

#### 4. COURSE WORKLOAD AND ACADEMIC ACTIVITIES

The total workload of the course “Fundamentals of Russian Statehood” is 2 credits (72 academic hours).

Type of academic activities	Total academic hours		Semesters/training modules
			1
Contact work, academic h.	51		51
Lectures (LC)	17		17
Lab work (LW)	0		0
Seminars (workshops/tutorials) (S)	34		34
<i>Self-studies</i>	18		18
<i>Evaluation and assessment (exam/passing/failing grade)</i>	3		3
<b>Total course workload</b>	academic hours	72	72
	credits	2	3

\* To be filled in regarding the higher education programme correspondence training mode.

## 5. COURSE CONTENTS

Table 5.1. Course contents and academic activities types

Course module title	Course module contents (topics)	Academic activities types
Section 1. What is Russia?	1.1 The country in its spatial, human, resource, Ideological, symbolic and normative- political dimension. Objective and characteristic data about Russia, its geography, resources, economy. Population, culture, religions and languages. Current situation in Russian regions.	LC, S
	1.2 Russia: trials and heroes. Outstanding personalities (“heroes”). Key trials and victories of Russia reflected in its modern stories.	
Section 2. Russian as a civilization state	2.1 Civilization approach: opportunities and limitations. Historical, geographical, institutional foundations for the formation of Russian civilization. Conceptualization of the concept of “civilization”.	LC, S
	2.2 Philosophical understanding of Russia as a civilization. The role and mission of Russia in the works of various domestic and foreign philosophers, historians, politicians, figures culture.	
Section 3. The Russian worldview and the values of the Russian civilization	3.1 Worldview and identity. Value challenges of modern politics, Concept of worldview in social sciences.	LC, S
	3.2 Value principles (constants) of Russian civilization. “Systemic model of worldview” and its representation.	
Section 4. The Political structure of Russia	4.1 Fundamentals of the constitutional system of Russia. The principle of separation of powers and democracy. Features of the modern Russian political class.	LC, S
	4.2 Genealogy of leading political institutions, their history, causes and consequences of their transformation. Levels of organization of power in the Russian Federation. State projects and their significance (key sectors, personnel, social sphere).	

Section 5. Challenges of the future and Russia's development	5.1 Current challenges and problems of Russian development. Global trends and features of world development. Technological risks, environmental challenges and economic shocks. The sovereignty of the country and its place in the scenarios for the future development of the world and the Russian civilization.	LC, S
	5.2 Scenarios for the development of Russian civilization. Stability, mission, responsibility and justice as value guidelines for the development and prosperity of Russia.	LC, S

\* - to be filled in only for **full** -time training: *LC* - lectures; *LW* - lab work; *S* - seminars.

## 6. CLASSROOM EQUIPMENT AND TECHNOLOGY SUPPORT REQUIREMENTS

*Table 6.1. Classroom equipment and technology support requirements*

Type of academic activities	Classroom equipment	Specialised educational / laboratory equipment, software, and materials for course study (if necessary)
Lecture	An auditorium for conducting lecture-type classes, equipped with a set of specialized furniture; board (screen) and technical means of multimedia presentations.	Availability of specially equipped classrooms for multimedia presentations.
Seminar	An auditorium for conducting seminar-type classes, group and individual consultations, ongoing monitoring and intermediate certification, equipped with a set of specialized furniture and technical means for multimedia presentations.	Availability of specially equipped classrooms for multimedia presentations.
Self-studies	An auditorium for independent work by students (can be used for seminars and consultations), equipped with a set of specialized furniture and computers with access to EIOS (Electronic information educational environment).	

\* - the classroom for student's independent work is **MANDATORY!**

## 7. RESOURCES RECOMMENDED FOR COURSE STUDY

### *Main readings:*

1. Fundamentals of Russian statehood: a textbook for students studying social sciences and humanities / T. V. Evgenyeva, I. I. Kuznetsov, S. V. Perevezentsev, A. V. Selezneva, O. E. Sorokopudova, A. B. Strakhov, A. R. Boronin; Ed. by S. V. Perevezentsev. - M.: Publishing house "Delo" RANEPА, 2023. - 550 p., ill. ISBN 978-5-85006-521-8

2. Fundamentals of Russian statehood: a textbook for students of natural sciences and engineering specialties / project director A. A. Larionov (Hieromonk Rodion), scientific editor P. Yu. Uvarov, editor O. A. Chagadayeva

/ Auth. coll.: A. P. Shevyrev, V. V. Lapin, S. V. Rogachev, A. V. Tutorsky, P. Yu. Uvarov, A. A. Larionov (hieromonk Rodion), V. S. Eremin, N. Yu. Pivovarov, O. A. Efremov, E. A. Makovetsky, E. A. Ovchinnikova, D. A. Andreev, V. V. Bulatov, O. A. Chagadayeva. - Moscow: Publishing house "Delo" RANEPА, 2023. - 432 p.

— ISBN 978-5-85006-519-5

3. Fundamentals of Russian statehood: a teaching and methodological complex on the discipline for educational organizations of higher education / V. M. Marasanova, V. E. Baghdasaryan, Yu. Yu. Ierusalimsky, L. G. Titova, S. A. Kudrina.

— Moscow: Publishing house "Delo" RANEPА, 2023.

### *Additional readings:*

1. Danilevskiy N.YA. Rossiya i Yevropa / sost., poslesl., komment. S.A. Vaygacheva. M.: Kniga, 1991. 2. Leont'yev K.N. Tsvetushchaya slozhnost'. Izbrannyye stat'i. M.: Molodaya gvardiya, 1992. 3. Marasanova V.M., Bagdasaryan V.E., Iyerusalimskiy YU.YU. i dr. Izucheniyе istorii rossiyskoy gosudarstvennosti: ucheb. materialy obrazovatel'nogo modulya. Uchebno-metodicheskoye posobiye i UMK dlya vuzov. Yaroslavl': OOO IPK "Indigo", 2023. 4. Perepiska Ivana Groznogo s Andreyem Kurbskim. Tekst podgotovili YA.S. Lur'ye, YU.D. Rykov. L.: Nauka, 1979. 5. Polosin A.V. Bol'she, chem konservatizm: istoriko-politicheskiye osnovaniya rossiyskoy gosudarstvennosti // Zhurnal politicheskikh issledovaniy, 2023. №1. S. 27-37. 6. Spiridonova V.I., Sokolova R.I., Shevchenko V.N. Rossiya kak gosudarstvo-tsivilizatsiya: filosofsko-politicheskiy analiz. M.: Institut filosofii RAN, 2016. 7. Dakhin, A. V. Osnovy rossiyskoy gosudarstvennosti. Sotsial'naya sistema: uchebnoye posobiye dlya vuzov / A. V. Dakhin, Ye. A. Mozgunova. — Moskva: Izdatel'stvo Yurayt, 2023. — 176 s. — (Vyssheye obrazovaniye). — ISBN 978-5-

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1. Danilevsky N.Ya. Russia and Europe / compiled, afterword, commented by S.A.

Vaigacheva. Moscow: Kniga, 1991. 2. Leontiev K.N. Blooming Complexity. Selected Articles. Moscow: Molodaya Gvardiya, 1992. 3. Marasanova V.M., Bagdasaryan V.E., Ierusalimsky Yu.Yu. et al. Study of the History of Russian Statehood: teaching materials of the educational module. Teaching aid and teaching and methodological kit for universities. Yaroslavl: OOO IPK "Indigo", 2023. 4. Correspondence of Ivan the Terrible with Andrei Kurbsky. Text prepared by Ya.S. Lurye, Yu.D. Rykov. Leningrad: Nauka, 1979. 5. Polosin A.V. More than conservatism: historical and political foundations of Russian statehood // Journal of Political Studies, 2023. No. 1. P. 27-37. 6. Spiridonova V.I., Sokolova R.I., Shevchenko V.N. Russia as a state-civilization: philosophical and political analysis. Moscow: Institute of Philosophy of the Russian Academy of Sciences, 2016. 7. Dakhin, A.V. Fundamentals of Russian statehood. Social system: a textbook for universities / A.V. Dakhin, E.A. Mozgunova. - Moscow: Publishing house Yurait, 2023. - 176 p. - (Higher education). - ISBN 978-5-534-18106-7. — Text: electronic // Educational platform Yurait [website].

— URL: <https://urait.ru/bcode/534290>.

1. Volkov, A. M. Fundamentals of Russian statehood. Legal system: textbook for universities / A. M. Volkov, E. A. Lyutyagina. — 3rd ed., revised. and additional. — Moscow: Yurait Publishing House, 2023. — 251 p. — (Higher education). — ISBN 978-5-534-17923-1. — Text: electronic // Educational platform Yurait [website]. — URL: <https://urait.ru/bcode/533991>.

*Internet sources:*

1. Electronic libraries with access for RUDN students:

- RUDN eLibrary System. URL: <http://lib.rudn.ru/MegaPro/Web>
- Presidential Library. URL: <https://www.prlib.ru/en>

2. Databases and search engines

- Google. URL: <https://www.google.ru/>
- SCOPUS. URL: <http://www.elsevierscience.ru/products/scopus/>
- Yandex. URL: <https://www.yandex.ru/>
- Educational portal “Russian civilization in space, time and world history”. URL: <http://рос-мир.рф/Gosudarstvo/Obshchestvo?page=1>
- The Website of the Russian society “Knowledge”. DNA of Russia - a series of videos with patriotic content aimed at combating the falsification of history, popularizing cultural heritage and traditional values. URL: <https://znanierussia.ru/cinema/collections/dnk-rossii>
- Russia Beyond (formerly Russia Beyond the Headlines). URL: <https://www.rbth.com/>

1. Lecture course on “Fundamentals of Russian Statehood”.

\* - All educational and methodological materials for students' independent work are posted in accordance with the current procedure on the discipline page in TUIS!

## **8. ASSESSMENT TOOLKIT AND GRADING SYSTEM\* FOR EVALUATION OF**

## STUDENTS' COMPETENCES LEVEL UPON COURSE COMPLETION

Evaluation materials and point-rating system\* for assessing the level of competence formation (GC-5) based on the results of mastering the discipline «Fundamentals of Russian Statehood» are presented in the Appendix to this Work Program of the discipline.

\* The assessment toolkit and the grading system are formed on the basis of the requirements of the relevant local normative act of RUDN University (regulations / order).

### DEVELOPERS:

Associate Professor of the  
Department of Public Policy and  
history of state and law

position, department name

signature

V.A. Glebov

initials, last name

### HEAD OF THE DEPARTMENT:

of Public Policy and history of  
state and law

position, department name

signature

V.M. Platonov

initials, last name

### HEAD OF THE PROGRAMME:

Deputy Director of MI

position, department name

signature

N.V. Sturov

initials, last name