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Federal State Autonomous Educational Institution of Higher Education
"Patrice Lumumba Peoples' Friendship University of Russia"
Medical Institute

(name of the main educational unit (MEU)-developer of EP HE)

WORKING PROGRAM OF THE DISCIPLINE

INTRODUCTION TO THE SPECIALTY

(name of the discipline/module)

Recommended by the MSS for the direction of training/specialty:

31.05.01 General Medicine

(code and name of the direction of training/specialty)

The development of the discipline is carried out within the framework of the implementation of the main professional educational program of higher education (EP HE):

General Medicine

(name (profile/specialization) EP HE)

1. THE PURPOSE OF MASTERING THE DISCIPLINE

The discipline "Introduction to the Specialty" is included in the program of the specialty " General Medicine in the direction of 31.05.01 General Medicine and is studied in the 1st semester of the 1st year. The discipline is implemented by the Department of General Medical Practice. The discipline consists of There are 3 sections and 8 topics and it is aimed at studying the basic principles of healthcare and medical education. The purpose of mastering the discipline is to familiarize future practical healthcare professionals who are focused on working in primary health care with the specialty " General Medicine ". Exactly:

- ☒• To familiarize students with the structure, content and technologies of higher medical education.
- ☒• To familiarize students with the concepts of "medical care" and "healthcare system".
- ☒• To teach students the basic principles of disease prevention and the formation of a healthy lifestyle among the population.
- ☒• To familiarize students with the factors affecting students' health, morbidity, mechanisms for monitoring students' health, requirements for registration of a student's disability, and the concept of academic leave for health reasons.

2. REQUIREMENTS FOR THE RESULTS OF MASTERING THE DISCIPLINE

The development of the discipline "Introduction to the Specialty" is aimed at the formation of the following competencies (parts of competencies) in students:

Table 2.1. List of competencies formed by students during the development of the discipline (results of the development of the discipline)

Cipher	Competence	Indicators of competence achievement (within the framework of this discipline)
<i>Universal competencies</i>		
UC-6	Able to determine and implement the priorities of his own activities and ways to improve them based on self-assessment and lifelong education	UC-6.2 Analyzes the results obtained in the course of his professional activity, carries out self-control and self-analysis of the process and results of professional activity, critically evaluates them, draws objective conclusions about his work, correctly defends his point of view
<i>Common Professional competencies</i>		
CPC -9	Able to implement the principles of quality management in professional activities	CPC -9.1 Is able to perform professional activities of proper quality; CPC -9.2 Is able to analyze and critically evaluate the quality of professional activity according to the given indicators

3. THE PLACE OF DISCIPLINE IN THE STRUCTURE OF THE EP HE

The discipline "Introduction to the Specialty" refers to the facultative disciplines of the FTD block of the higher education educational program.

As part of the educational program of higher education, students also master other disciplines and/or practices that contribute to achieving the planned results of mastering the discipline "Introduction to the Specialty".

Table 3.1. The list of components of the educational support that contribute to the achievement of the planned results of the development of the discipline

Cipher	Name of competence	Previous disciplines /modules, practices*	Subsequent disciplines /modules, practices*
UC-6	He is able to determine and implement the priorities of his own activities and ways to improve them based on self - assessment and lifelong education		Psychology and Pedagogy; Public health and Public health, health economics; Fundamentals of professional ethics**
CPC -9	Able to implement the principles of quality management in professional activities		Practice in obtaining primary professional skills: assistant to junior medical staff; Organization of special patient care; Public health and healthcare, healthcare economics; Clinical pharmacology

* - filled in accordance with the matrix of competencies and Syllabus of EP HE

** - elective disciplines /practices

4. SCOPE OF DISCIPLINE AND TYPES OF ACADEMIC WORK

The total labor intensity of the discipline «Introduction to the Specialty» is **1 credits** (36 h).

Table 4.1. Types of educational work by periods of mastering the EP HE in for **FULL-time** education

Type of academic work	TOTAL, ac.h.	Semester(s)
		1
Contact work, ac.h. including:	17	17
Lectures (L)	17	17
Laboratory work (LW)	0	0
Practical/seminar classes (PC)	0	0
Independent work of students, ac.h. (IW)	19	19
Control (exam/test with assessment), ac.h	0	0
The total labor intensity of the discipline	<i>ac.h</i> 36	36
	<i>cred. units</i> 1	1

5. CONTENT OF THE DISCIPLINE

Table 5.1. The content of the discipline (module) by type of academic work

Name of the discipline section	Content of the section (topics)		Type of educational work*
Section 1. Structure, content, and technologies of higher medical education.	1.1	Higher professional education in the specialty "General Medicine". Federal State Educational Standard for Higher Education.	L, IW
	1.2	Postgraduate education of medical practitioners. Medical specialties and positions.	L, IW
Section 2. Medical care. Healthcare.	2.1	The concept of medical care. Types, conditions, and forms of medical care.	L, IW
	2.2	The concept of quality of medical care.	L, IW
	2.3	Healthcare systems in the countries of the world.	L, IW
	2.4	The structure of healthcare in Moscow. Healthcare institutions of the city of Moscow as a base of clinical practice for students. Outstanding persons of Russian and Soviet healthcare after whom hospitals in Moscow are named.	L, IW
Section 3. Student health and academic process.	3.1	The concept of medical examination. Preventive medical examinations of students.	L, IW
	3.2	Requirements for registration of a student's disability. Certificate of temporary disability of students. Registration of academic leave for health reasons.	L, IW

* - filled in only by **FULL-time** study: L – lectures; LW – laboratory work; PC - practical /practical clinical/seminar classes; IW- independent work.

6. MATERIAL AND TECHNICAL SUPPORT OF THE DISCIPLINE

Table 6.1. Material and technical support of the discipline

Type of audience	Equipment of the audience	Specialized educational/laboratory equipment, software and materials for the development of the discipline (if necessary)
Lecture hall (Moscow, 10 Miklukho-Maklaya str, build.3– RUDN, Faculty of Russian Language and General Education Disciplines)	An auditorium for lectures equipped with a set of specialized furniture, a blackboard (screen) and multimedia presentation equipment.	Guarantor (Agreement No. 13A/46/2018 dated 02/04/2018) Consultant Plus (Information Support Agreement dated 01/09/2013) Reg. number of the central office-03-207-7474

<p>For independent work of students (Moscow, Miklukho-Maklaya str, 8 – RUDN, Medical Institute, lecture hall No. 3)</p>	<p>An auditorium for independent work of students (can be used for seminars and consultations), equipped with a set of specialized furniture and access to UIES.</p>	<p>Guarantor (Agreement No. 13A/46/2018 dated 02/04/2018) Consultant Plus (Information Support Agreement dated 01/09/2013) Reg number of the central office-03-207-7474</p>
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7. EDUCATIONAL, METHODOLOGICAL AND INFORMATIONAL SUPPORT OF THE DISCIPLINE

1. Basic literature:

A. Educational literature:

1) Organization of medical care in the Russian Federation. Textbook : 2nd ed., supplement. and ispr. / edited by V.A. Reshetnikov [Electronic resource] / Reshetnikov V. A. [et al.]. Moscow : Medical Information Agency, 2021. 451 p. ISBN 978-5-9986-0427-0 URL: https://mega.rudn.ru/MegaPro/UserEntry?Action=link_findoc&id=494171&idb=0

B. Regulatory literature:

- 1) Federal Law of the Russian Federation No. 323-FL of November 21, 2011 "On the Fundamentals of Public Health Protection in the Russian Federation" (latest edition).
- 2) Order of the Ministry of Education and Science of the Russian Federation dated 08/12/2020 N 988 "On approval of the Federal State educational standard of higher education - specialty in specialty 31.05.01 "General Medicine" (latest edition).
- 3) Order of the Ministry of Labor of the Russian Federation dated 03/21/2017 N 293n "On approval of the professional standard "Outpatient therapist".
- 4) Order of the Ministry of Health of the Russian Federation dated 10/07/2015 N 700n "On the nomenclature of specialties of specialists with higher medical and pharmaceutical education (latest edition).

2. Additional literature::

A. Educational literature:

- 1) Sorokina, T. S. Analysis and synthesis in Russian physiology of the 19th century // Bulletin of the RUDN University. Series: Medicine. 2003. №2. URL: <https://cyberleninka.ru/article/n/analiz-i-sintez-v-rossiyskoy-fiziologii-xix-stoletiya>.
- 2) Sechenov, I. M. Impressions and reality. Selected works / I. M. Sechenov. Moscow : Yurait Publishing House, 2025. 134 p. (Anthology of Thought). — ISBN 978-5-534-11192-7. — Text : electronic // Educational platform Yurait [website]. — URL: <https://urait.ru/bcode/566319>.
- 3) Sechenov, I. M. Psychology of behavior. Selected works / I. M. Sechenov. Moscow : Yurait Publishing House, 2025. 223 p. (Anthology of Thought). — ISBN 978-5-534-07905-0. — Text : electronic // Yurait educational platform [website]. — URL: <https://urait.ru/bcode/562695>.
- 4) Sechenov, I. M. Physiology of the nervous system / I. M. Sechenov ; under the general editorship of K. M. Bykov. Moscow : Yurait Publishing House, 2025. 330 p. (Anthology of Thought). — ISBN 978-5-534-07120-7. — Text : electronic // Yurait [website]. — URL: <https://urait.ru/bcode/564268>.
- 5) Filaretova L. P., Dyuzhikova N. A., Andreeva L. E., Vovenko E. P., Rybnikova E. A. History of the first physiological Institute of Russia — Pavlov Institute of Physiology of the Russian Academy of Sciences // Historical and Biological Research. 2023. №3. URL: <https://cyberleninka.ru/article/n/istoriya-pervogo-fiziologicheskogo-instituta-rossii-instituta-fiziologii-im-i-p-pavlova-ran>.
- 6) Ettinger, A. P. Nikolay Ivanovich Pirogov, the founder of experimental surgery // Bulletin of the Russian State Medical University. 2010. №5. URL:

<https://cyberleninka.ru/article/n/nikolay-ivanovich-pirogov-osnovopolozhnik-eksperimentalnoy-hirurgii>.

7) Glintsev, S. P., Kalikinskaya, E. I., Pirushkina, Yu. D. Nikolai Ivanovich Pirogov (1810-1881) - a native and honorary citizen of Moscow // Bulletin of the National Medical and Surgical Center named after N. I. Pirogov. 2020. №3-1. URL: <https://cyberleninka.ru/article/n/nikolay-ivanovich-pirogov-1810-1881-urozhenets-i-pochetnyy-grazhdanin-moskvy>.

8) Shevchenko, Yu. L., Tyurin, V. P. N. I. Pirogov and S. P. Botkin: historical parallels // Bulletin of the National Medical and Surgical Center named after N. I. Pirogov. 2012. №4. URL: <https://cyberleninka.ru/article/n/n-i-pirogov-i-s-p-botkin-istoricheskie-paralleli>.

9) Kalikinskaya, E.I. S.S. Yudin and V.F. Voyno-Yasenetsky – colleagues and friends // Military Medical Journal. - 2023. - vol. 344. - No. 3. - C. 82-87. doi: 10.52424/00269050_2023_344_3_82.

10) Glossev, S. P., Shabunts Yu. A. Demikhov phenomenon. At the N.V. Sklifosofsky Institute (1960-1986), V.P. Demikhov and his experiments in organ transplantation in 1971-1972. // Transplantology. 2023. Issue number 2 volume 15, pp.279-294.

11) Oppedizano, M. D., Artyukh, L. Yu., Karelina, N. R. The man who changed the world of cardiac surgery. In memory of the outstanding experimenter Vladimir Petrovich Demikhov / St. Petersburg State Pediatric Medical University 194100, St. Petersburg. // Russian Biomedical Research. 2022. №7.3. ISSN 2658-6584.

B. Regulatory literature:

1) Order of the Ministry of Health and Social Development of Russia dated 05/15/2012 N 543n "On approval of the Regulations on the organization of primary health care for the adult population" (latest edition).

2) Order of the Ministry of Health of the Russian Federation No. 404n dated April 27, 2021 "On Approval of the Procedure for preventive medical examination and medical examination of certain groups of the adult population" (with amendments and additions).

3) Order of the Ministry of Health of the Russian Federation dated 05/10/2017 No. 203n "On approval of criteria for assessing the quality of medical care".

4) Order of the Ministry of Health and Social Development of Russia dated 07/23/2010 N 541n (as amended on 04/09/2018) "On approval of the Unified Qualification Directory of positions of managers, specialists and employees, section "Qualification characteristics of positions of employees in the healthcare sector".

Resources of the Internet information and telecommunication network:

1. EBS RUDN and third-party EBS, to which university students have access on the basis of concluded contracts:

- Electronic library system RUDN
- EBS RUDN (<http://lib.rudn.ru/MegaPro/Web>)
- EBS "University Library online" (<http://www.biblioclub.ru>)
- EBS "Student Consultant" (www.studentlibrary.ru)
- Scientific Electronic Library (<http://elibrary.ru/defaultx.asp>).

2. Databases and search engines:

- official internet portal of legal information <http://pravo.gov.ru> - electronic fund of legal and regulatory and technical documentation (<http://docs.cntd.ru/>)
- ConsultantPlus Legal Reference system (<http://www.consultant.ru/>)
- Garant legal reference system <https://base.garant.ru/> search engine Yandex <https://www.yandex.ru/>
- Google search engine <https://www.google.ru/>
- SCOPUS abstract database <http://www.elsevierscience.ru/products/scopus/>
- Website of the Ministry of Health of the Russian Federation/ Orders of the Ministry of Health of the Russian Federation on the approval of procedures, standards of medical care and clinical recommendations / <https://minzdrav.gov.ru/documents>
- Rubricator of clinical recommendations of the Ministry of Health of Russia <https://cr.minzdrav.gov.ru/>

Educational and methodological materials for independent work of students during the development of the discipline/ module:*

1. A course of lectures on the discipline " Introduction to the Specialty ".

* - all teaching materials for independent work of students are placed in accordance with the current procedure on the discipline page in the TUIS!

8. EVALUATION MATERIALS AND A POINT-RATING SYSTEM FOR ASSESSING THE LEVEL OF COMPETENCE FORMATION IN THE DISCIPLINE

Evaluation materials and a point-rating system* for assessing the level of competence formation (part of competencies) based on the results of mastering the discipline " Introduction to the Specialty " are presented in the Appendix to this Work Program of the discipline.

* - EM and BRS are formed on the basis of the requirements of the relevant local regulatory act of the RUDN.

DEVELOPER:

Associate Professor of the
Department of General Medical
Practice

Position, BED

Signature

E.I. Rusanova

Surname

HEAD OF THE BED:

Department of General Medical
Practice

Name of the BED

Signature

N.V. Sturov

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HEAD OF EP HE:

Head of the Department of General
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Signature

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