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**Federal State Autonomous Educational Institution of Higher Education
PEOPLES' FRIENDSHIP UNIVERSITY OF RUSSIA
NAMED AFTER PATRICE LUMUMBA
RUDN University
Institute of Medicine**

educational division (faculty/institute/academy) as higher education programme developer

COURSE SYLLABUS

Basic Military Training. Life Safety

course title

Recommended by the Didactic Council for the Education Field of:

31.05.03 Dentistry

field of studies / speciality code and title

The course instruction is implemented within the professional education programme of higher education:

Dentistry

higher education programme profile/specialisation title

2026 г.

1. COURSE GOAL(s)

The goal of mastering the discipline "Basic Military Training. Life Safety" is to develop students' extreme thinking skills, that are required to perform effective actions in emergency situations in peacetime and wartime.

The main objectives of the course are:

- learning the basics of military affairs, including practical experience in handling small arms;
- mastering the skills of orientation on the terrain, first aid for wounds, injuries and toxic substances;
- mastering algorithms of behavior and influence on others in extreme situations;
- learning about ways to quickly make decisions in non-standard conditions;
- developing in students a sense of personal civil responsibility and obtaining knowledge, abilities, and skills of initial military training and the fundamentals of life safety necessary for identifying and quickly responding to potentially dangerous situations;
- performing military duty in accordance with the legislation of the Russian Federation.

2. LEARNING OUTCOMES

Mastering the discipline “Basic Military Training. Life Safety” is aimed at the formation of the following competencies (parts of competencies) in students:

Table 2.1. List of competencies formed by students during the development of the discipline (results of the development of the discipline)

Competence code	Competence	Competence indicators
UC-8	Able: to create and maintain safe living conditions in everyday life and professional activities to preserve the natural environment, ensure sustainable development of society, including in the event of the threat and occurrence of emergencies and military conflicts.	UC-8.1 Knows the classification and sources of emergency situations of natural and man-made origin; causes, signs and consequences of dangers, methods of protection in emergency situations, military conflicts; principles of organizing labour safety at an enterprise, technical means of protecting people in emergency situations, methods of preserving the natural environment, factors for ensuring sustainable development of society; UC-8.2 Able to maintain safe living conditions; ensure working conditions in the workplace; identify signs, causes and conditions of emergency situations; assess the likelihood of a potential hazard and take measures to prevent it; UC-8.3 Knows methods of predicting the occurrence of dangerous or emergency situations; skills in using basic methods of protection in emergency situations UC-8.4 Applies the provisions of general military regulations in the daily activities of the unit, controls formations, and uses standard small arms. UC-8.5 Conducts combined arms combat as part of a unit. Performs assigned tasks in conditions of RCB contamination; Uses topographic maps. Provides first aid for wounds and injuries. He has a high sense of patriotism and considers the defence of the Motherland his duty and responsibility.

GPC-6	capable of organizing patient care, providing primary medical and sanitary care, and ensuring the organization of work and the adoption of professional decisions in emergency situations at the pre-hospital stage, in emergency situations, epidemics, and in areas of mass casualties	<p>GPC-6.1 Develops a treatment plan for dental diseases, taking into account the diagnosis, age and clinical picture, in accordance with current procedures for providing medical care, clinical recommendations (treatment protocols) for providing medical care, taking into account medical care standards.</p> <p>GPC-6.2 Selects medical devices (including dental materials) to create a comprehensive treatment plan for dental diseases. Monitors the further progress of the patient's treatment.</p> <p>GPC-6.3 Assesses possible side effects of medications.</p> <p>GPC-6.4 Provides emergency or urgent medical care to dental patients.</p> <p>GPC-6.5 Organises the prevention and treatment of complications, side effects, adverse reactions (including unforeseen ones) arising from diagnostic or therapeutic procedures, the use of medications and/or medical devices, non-pharmacological treatment during dental appointments.</p> <p>GPC-6.6 Organises personalised treatment for dental patients, including elderly and senile patients, pregnant women, children with somatic pathologies, and evaluates the effectiveness and safety of treatment.</p> <p>GPC-6.7 Prescribes medications and medical devices based on the diagnosis, age and clinical picture, in accordance with current procedures for providing medical care, clinical recommendations (treatment protocols) for providing medical care, taking into account medical care standards.</p> <p>GPC-6.8 Prescribes non-pharmacological treatment based on the diagnosis, age and clinical picture of the disease, in accordance with current procedures for providing medical care, clinical recommendations (treatment protocols) for providing medical care, taking into account medical care standards.</p> <p>GPC-6.9 Evaluates the effectiveness and safety of using medications, medical devices and other treatment methods during dental appointments.</p>
PC-1	Is able to examine a patient to establish a diagnosis.	<p>PC -1.1 Conducts an initial and/or follow-up examination of the patient to establish a preliminary diagnosis.</p> <p>PC -1.2 Gathers information from patients (their relatives/legal representatives), conducts patient surveys to assess general health status and identify comorbidities to establish a preliminary diagnosis.</p> <p>PC -1.3 Identifies dental and facial anomalies, deformities and predisposing factors, defects of tooth crowns and dental arches based on patient examination, laboratory, instrumental and additional examinations to establish a preliminary/final diagnosis.</p> <p>PC -1.4 Identifies risk factors for oncological pathology (including various background processes and precancerous conditions) based on laboratory, instrumental and additional examinations to establish a preliminary/final diagnosis.</p> <p>PC -1.5 Establishes a preliminary/final diagnosis based on patient examination, laboratory and instrumental studies.</p> <p>PC -1.6 Establishes a final diagnosis based on additional patient examinations.</p>

3. COURSE IN HIGHER EDUCATION PROGRAMME STRUCTURE

The course refers to the core/variable/elective* component of (B1) block of the higher educational programme curriculum.

* - Underline whatever applicable.

Within the higher education programme students also master other (modules) and / or internships that contribute to the achievement of the expected learning outcomes as results of the course study.

Table 3.1. The list of the higher education programme components/disciplines that

contribute to the achievement of the expected learning outcomes as the course study results

Code	Competence	Previous disciplines/modules, practices*	Subsequent disciplines/module s,practices*
UC-8	Able to: create and maintain safe living conditions in everyday life and professional activities to preserve the natural environment, ensure sustainable development of society, including in the event of the threat and occurrence of emergencies and military conflicts.		Hygiene; Medical rehabilitation; Infectious diseases, phthisiology; Epidemiology.
GPC-6	capable of organizing patient care, providing primary medical and sanitary care, and ensuring the organization of work and the adoption of professional decisions in emergency situations at the pre-hospital stage, in emergency situations, epidemics, and in areas of mass casualties		Dermatovenereology; Paediatric dentistry; Immunology, clinical immunology; General surgery; Orthodontics and paediatric prosthetics; Surgical diseases; Obstetrics; Internal medicine; Psychiatry and narcology; Clinical pharmacology; Medical rehabilitation; Gerontodentistry and diseases of the oral mucosa; Neurology; Periodontology; Paediatrics; Endodontics; Pharmacology; Gnathology and functional diagnosis of the temporomandibular joint. Paediatric maxillofacial surgery; Diseases of the head and neck; Simple prosthetics (dental prosthetics); Emergency conditions in outpatient dental practice; Implantology and reconstructive oral surgery; Cariesology and diseases of hard tooth tissues; Medical genetics in dentistry; Complex dental prosthetics

			(prosthetics of dental arches); Prosthetics in case of complete edentulism; Oral surgery; Maxillofacial and gnathic surgery; Maxillofacial prosthetics; Clinical dentistry.
PC-1	Is able to examine a patient to establish a diagnosis.		Assistant to a dental therapist; Assistant to a dental surgeon; Assistant to a paediatric dentist; Assistant to a dental orthopaedist; Assistant to a general dental practitioner (including research work); Assistant to a dental hygienist; Orthodontics and paediatric prosthetics; Pathological anatomy — pathological anatomy of the head and neck; Complex dental prosthetics (prosthetics of dental arches); Prosthetics in case of complete edentulism; Maxillofacial prosthetics; Radiation diagnostics; Cone-beam computed tomography in the diagnosis, planning and assessment of the effectiveness of dental treatment; Paediatric dentistry; Immunology, clinical immunology; Gnathology and functional diagnosis of the temporomandibular joint; Paediatric maxillofacial surgery; Diseases of the head and neck; Simple prosthetics (dental prosthetics); Implantology and reconstructive oral surgery; Cariesology and diseases of hard tooth tissues; Medical genetics in dentistry. Local anaesthesia and anaesthesiology in dentistry; Otorhinolaryngology; Propaedeutics of dental

			diseases; Oral surgery; Maxillofacial and gnathic surgery; Obstetrics; Gerontodentistry and diseases of the oral mucosa; Periodontology; Endodontics; Modern endodontics; Aesthetic tooth restoration; Maxillofacial oncology and radiation therapy; Pathophysiology — pathophysiology of the head and neck; Three-dimensional X-ray diagnostic methods in dentistry; Three-dimensional computer modelling of teeth; Ophthalmology.
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*-filled out in accordance with the competency matrix and the EP HE

4. COURSE WORKLOAD AND LEARNING ACTIVITIES

The total laboriousness of the discipline "Basic Military training. Life safety" is 4 credits

Table 4.1. Types of academic activities during the period of the program mastering

Type of academic activities	Total academic hours		Semesters/training modules	
			1	2
Contact work, ac.ch.	105		51	54
Including:	35		17	18
Lectures (LC)	0		0	0
Lab work (LW)	70		34	36
Seminars (workshops/tutorials) (S)	18		18	0
Independent work of students, acad.	21		3	18
Total course workload	academic hours	144	72	72
	credits	4	2	2

5. COURSE CONTENTS

Table 5.1. Course contents and academic activities types

Course module title	Course module contents (topics)	Academic activities types
Section 1 Life safety	<p style="text-align: center;">1.1</p> <p>Fundamentals of Human Life Safety: Essence and Content The topic reveals the essence of human life, the classification of environmental factors, and the theoretical foundations of ensuring safety through adaptation, prevention, and elimination of hazards. It also outlines the legal foundations of safety in the Russian Federation, including key federal laws that regulate public protection and health care.</p>	LC, S
	<p style="text-align: center;">1.2</p> <p>Fire safety The article discusses the organizational foundations of fire safety in the Russian Federation, including the legal framework (Federal Law No. 69, Technical Regulations, and Fire Regulations), the fire safety system, fire response procedures, the classification of hazardous factors, and disciplinary liability for false alarms and evacuation routes.</p>	LC, S
	<p style="text-align: center;">1.3</p> <p>Countering terrorism and extremism The topic covers the organizational foundations of countering terrorism and extremism in the Russian Federation, including the conceptual framework, legal framework (Federal Laws No. 35 and No. 114), and a three-tiered system of preventive measures. Special attention is given to the principles of effective prevention, common mistakes, and the role of interagency cooperation in building public immunity to radical ideologies.</p>	LC, S
	<p style="text-align: center;">1.4</p> <p>Combating corruption and preventing corruption risks The topic examines corruption as the abuse of official position for personal gain, types of corruption offenses, and liability for them under the Criminal Code of the Russian Federation. Special attention is paid to prevention, including the prevention of conflicts of interest in the field of education and the formation of anti-corruption behavior among students.</p>	LC, S
	<p style="text-align: center;">1.5</p> <p>Personal information security The article discusses the rules for protecting personal data on the Internet, the main dangers of the digital environment (fraud, hacking, and manipulation), and ways to behave safely online. It also covers the legislation on personal data, the basics of digital hygiene, and the responsibility for violations on the Internet.</p>	LC, S

Course module title	Course module contents (topics)	Academic activities types
	<p style="text-align: center;">1.6</p> <p>Safety of human life in emergency situations The topic covers the classification and characteristics of natural, technological, and biological emergencies, as well as the rules for protecting the population, including evacuation, the use of protective equipment, iodine prophylaxis in case of radiation accidents, and quarantine measures in case of epidemics.</p>	LC, S
	<p style="text-align: center;">1.7</p> <p>Civil defense as a system of national measures to protect the population from hazards It explains how the state protects people in the event of military conflicts and major accidents, what civil defense is, what types of weapons of mass destruction exist, and how to use gas masks and shelters. It also describes the alarm signals that indicate the need to hide in a shelter or evacuate, and provides clear instructions on what to do in each dangerous situation.</p>	LC, S
	<p style="text-align: center;">1.8</p> <p>Healthy lifestyle The topic explores the concept of a healthy lifestyle as a system of conscious habits aimed at maintaining health, and analyzes the factors that influence it.</p>	LC, S
	<p style="text-align: center;">1.9</p> <p>Fundamentals of labor protection The topic covers the legal basis of occupational safety and health in the Russian Federation, including the rights and obligations of employees and employers, the organization of occupational safety services, the procedure for investigating accidents and occupational diseases, the social insurance system, and the types of liability for violations.</p>	LC, S
	<p style="text-align: center;">1.10</p> <p>First aid with elements of tactical medicine The rules for rescuing the wounded in combat conditions are described depending on the situation.</p>	LC, S
Section 2 Basic military training	<p style="text-align: center;">2.1</p> <p>The legal basis of State defense The topic reveals the essence of military security as an essential component of national security, defines the concepts of military danger and military threat, and examines the system of ensuring the military security of a state.</p>	LC, S
	<p style="text-align: center;">2.2</p> <p>General military regulations of the Armed Forces of the Russian Federation The content of the general military regulations of the Russian Armed Forces is revealed.</p>	LC, S

	<p style="text-align: center;">2.3</p> <p>Military-political training The topic examines changes in the modern world (globalization, confrontation with the West, and new threats) and their impact on Russia's security, as well as analyzes the country's geopolitical position, its resource, military, and political potential.</p>	LC, S
	<p style="text-align: center;">2.4</p> <p>Radiation, chemical, and biological protection The types of weapons of mass destruction, their damaging factors, and their consequences for humans are considered. The means of individual and collective protection are described in detail, as well as the procedure for action in case of infection, the rules for movement in contaminated areas, and the basics of anti-epidemic measures.</p>	LC, S
	<p style="text-align: center;">2.5</p> <p>Fundamentals of tactics of combined arms units The essence of combat is revealed through fire, attack, and maneuver, as well as the organization of defense with a fire system and engineering equipment for positions, as well as the offensive with attacks and assaults on buildings in small groups. The methods of reconnaissance are also discussed separately.</p>	LC, S
	<p style="text-align: center;">2.6</p> <p>Fire training The topic introduces the basics of fire training: the purpose and structure of small arms, the procedure for incomplete disassembly and assembly of the AK-74. It also covers the basics of ballistics and shooting rules, as well as safety requirements for handling weapons and ammunition.</p>	LC, S
	<p style="text-align: center;">2.7</p> <p>Fundamentals of engineering and communication organization The topic covers engineering support: fortification, camouflage, explosive work, and engineering barriers, as well as the organization of communications as the basis for troop management with rules for radio exchange and the use of communications equipment in combat.</p>	LC, S
	<p style="text-align: center;">2.8</p> <p>Drill training The topic covers the basic concepts of the system, its elements, and its management.</p>	LC, S
	<p style="text-align: center;">2.9</p> <p>Military topography. Unmanned aerial vehicles The topic covers methods of orienting on the ground, measuring distances and angles using a compass, binoculars, rangefinder, and theodolite, as well as working with topographic maps and their symbols. A separate section is dedicated to the use of unmanned aerial vehicles for military purposes.</p>	LC, S

* - to be filled in only for **full**-time training: *LC* - lectures; *LW* - lab work; *S* - seminars.

6. CLASSROOM EQUIPMENT AND TECHNOLOGY SUPPORT REQUIREMENTS

Table 6.1. Material and technical support of the discipline

Type of audience	Equipment of the audience	Specialized educational/laboratory equipment, software and materials for the development of the discipline (if necessary)
Specialized audience for the interactive simulator of small arms and close combat weapons	Classroom equipped with the multimedia interactive simulator of small arms and close combat weapons.	<ul style="list-style-type: none"> - server and switching equipment; - projection system; - software; - weapon simulators; - auxiliary equipment; - a set of wall stands on the theme of the office
Specialized audience for practical training for shooting	Classroom for group and individual consultations	<ul style="list-style-type: none"> - AK-74 mass-dimensional mockup - 12; - AK 74 – 12 magazine layouts; - training cartridge AK-74 – 120; - model of F-1 grenade – 12; - machine for zeroing weapons – 1; - table for assembling/disassembling weapons – 12; - teacher’s workstation – 1; - magnetic marker board – 1; - a set of wall stands on the theme of the office -6

<p>Specialized audience for military topography</p>	<p>Interactive class “Military topography”</p>	<ul style="list-style-type: none"> - teacher's workstation; - student’s workstation (16 pcs.); - server and switching equipment - projection system; - interactive class software “Military topography”; - magnetic compass Andrianov -16; - measuring compass -16; - line Artillery circle AK-3 - 16; - curvimeter -16; - navigator GPSMAP 66SR - 1; - magnetic marker board – 1; - set of wall stands on the theme of the office - 6
<p>Specialized audience for tactical training</p>	<p>Hardware and software complex “Tactical training”</p>	<ul style="list-style-type: none"> - instructor's workplace; - trainee's workplace; - software for the Tactical Training complex « Tactical training »; - projection system; - magnetic marker board -1; - a set of wall stands on the theme of the office -6

<p>Specialized audience for training of UAV operators</p>	<p>Software and hardware complex "Tactical simulator for training UAV operators"</p>	<ul style="list-style-type: none"> - instructor's workplace 1 pc.; - student workplace 12 pcs.; - projection system 1 set; - UAV piloting and simulation training module for performing special tasks (software + control equipment) 13 pcs.; - module of pre-flight preparation and creation of a flight mission 13 pcs.; - magnetic marker -1; - a set of wall stands on the theme of the office -6; - Geoscan Gemini software AgisoftMetashape (educational license for 1 workplace); - Geoscan Pioneer. Assembly kit (educational UAV of multi-rotor type with MVM up to 1 kg) – 10; - Geoscan Pioneer Mini educational UAV of multi-rotor type with a maximum take-off mass (MTW) up to 150 g) – 10;
<p>Specialized audience for fundamentals of military service</p>	<p>Classroom for group and individual consultations</p>	<ul style="list-style-type: none"> - night-vision device; - thermal imager; - binoculars 12x45 with a goniometric reticle; - binoculars 12x45 with a rangefinder reticle; - compass-25; - small infantry blade with cover-25; - body armor 6b23/6b45-6; - universal shelter 6Sh120 -6; - household dosimeter – 2;

		<ul style="list-style-type: none"> - radiation reconnaissance device DP-5V -1; - military chemical reconnaissance device VPHR-1; - combined arms protective suit (OZK) -25; - cross-sectional layout of a simple shelter - 1; - cross-sectional layout of the shelter - 1; - officer's line - 25; - tactical first aid kit APPI 1-20; - dressing packages IPP-1 – 250; - folding traction tire ShTS-01-6; -sanitary stretchers EMERCOM-N-6; - a set of physical visual aids of dummies of engineering ammunition with a virtual complex; - portable radio stations -6; - hand trainer for learning to stop bleeding -2; - simulators of wounds and defeats (18 wounds) -10; - mannequin simulator for practicing first aid skills for injuries - 5; - robot simulator “Roman Trauma” - 5; - suture and bandage simulator -5;
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		<ul style="list-style-type: none"> - basic resuscitation simulator BASICBilly+ -2; - simulator-dummy of an adult victim “Victor-2.01 V” for practicing the skills of pulling out and transporting the wounded -2; - simulator-dummy for practicing immobilization skills (with voice accompaniment); - simulator-dummy of an adult victim for practicing immobilization and transportation skills 5; - training dummy “Peter” for practicing the skills of extinguishing a burning body and providing first aid to a fire victim (with a light and sound indicator); - teacher's workstation -1; - magnetic marker board -1; - set of wall stands on the theme of office 6;
<p>Specialized audience for the First aid with elements of tactical medicine</p>	<p>Classroom for group and individual consultations</p>	<ul style="list-style-type: none"> - Simulator-dummy of an adult victim (head, torso) with a controller for practicing cardiopulmonary resuscitation techniques; - Trainer-dummy torso for cardiopulmonary resuscitation; - Trainer-dummy torso for cardiopulmonary resuscitation; - Simulator-dummy of an adult victim for practicing techniques for removing a foreign body from the upper respiratory tract;

		<ul style="list-style-type: none"> - Simulator-dummy of an adult victim for practicing bleeding control with a pump; - Simulator-dummy for practicing relief of tension pneumothorax - Consumables for simulators (spare face masks, spare airways, films with a valve for artificial ventilation, artificial blood); - Silicone damage simulation kit; - First personal aid kit; -tourniquet of Esmarch, Alpha; Individual dressing package - Syringe tube (training); - Immobilization devices for the upper, lower extremities, cervical spine (staircase splints, split tires, cervical collar, traction splint, immobilization belt). - Dressings (bandages, PPI-1, PPI-E, napkins, adhesive plaster, medical scarves); - Dragging stretchers;
Audience for independent work of students	Classroom for independent work of students (can be used for laboratory classes and consultations), equipped with a set of specialized furniture (auditorium 330 ATI)	Set of specialized furniture, Interactive complex: Optoma interactive whiteboard with projector TRIUMPH BOARD /X316 DPL (Fuui 3D), XGA (1024*768), 3200 ANSI Lm, 20, Software: Microsoft products (OS, office application suite, including MSOffice/ Office 365, Teams)

* - the audience for independent work of students is MANDATORY!

7. RESOURCES RECOMMENDED FOR COURSE STUDY

Main reading (sources)

1. Belyakov, G. I. Fire Safety, Emergency Safety, and First Aid: Textbook for Universities / G. I. Belyakov. — 5th ed., Rev. and Add. — Moscow: Yurayt Publishing House, 2024. — 529 p. — (Higher Education). — ISBN 978-5-534-16721-4.
2. Kaftan, V. V. Countering Terrorism: A Textbook for Universities / V. V. Kaftan. — 2nd ed., Rev. and Add. — Moscow: Yurayt Publishing House, 2024. — 261 p. — (Higher Education). — ISBN 978-5-534-00322-2
3. Anti-corruption: textbook and practice for universities / I. V. Levakin, E.V. Okhotsky, I. E. Okhotsky, M. V. Shedy; under the general editorship of E. V. Okhotsky. — 5th ed., revised and add. Moscow: Yurait Publishing House, 2024. 469 p.
4. Fundamentals of a healthy lifestyle in an educational organization: a textbook for universities / A. A. Zaitsev [et al.]; under the general editorship of A. A. Zaitsev. — 2nd ed., revised and add. Moscow: Yurait Publishing House, 2024. 137 p. (Higher education). — ISBN 978-5-534-12606-8
5. Chernova, E. V. Human Information Security: Textbook for Universities / E. V. Chernova. — 3rd ed., Rev. and Add. — Moscow: Yurayt Publishing House, 2024. — 327 p. — (Higher Education). — ISBN 978-5-534-16772-6
6. Belyakov, G. I. Civil Defense: Textbook for Universities / G. I. Belyakov. — 2nd edition, revised and expanded. and add. — Moscow: Yurayt Publishing House, 2024. — 176 p. — (Higher Education). — ISBN 978-5-534-16723-8.
7. Safonov, A. A. Labor Protection: Textbook and Workshop for Universities / A. A. Safonov, M. A. Safonova. — Moscow: Yurayt Publishing House, 2024. — 485 p. — (Higher Education). — ISBN 978-5-534-17286-7.
8. Pospeev, K. Yu. Fire Training for Law Enforcement Officers: A Textbook for Universities / K. Yu. Pospelov, N. V. Astafyev. — 2nd ed. — Moscow: Yurayt Publishing House, 2024. — 206 p.
9. Svitnev I.V. (ed.), Varyushchenko S.B., Vilkov A.V., Kosyrev S.V., Lebedev M.Yu., Loskot A.I. Radiation, Chemical, and Biological Protection (in Peacetime and Wartime Conditions). (Bachelor's and Specialist's Degrees). Textbook/ team of authors edited by I. V. Svitnev — Moscow: KNORUS Publishing House, 2025.– 336p. ISBN: 978-5-406-13853-3
10. Fundamentals of Military Training: Textbook / edited by V. V. Kulakova, V. I. Kachalova. - Moscow: RSUP, 2024. - 392 p. - ISBN 978-5-00209-147-8. - Text: electronic.
11. Military Training: A Textbook for Universities / I. Yu. Lepeshinsky, V. V. Glebov, D. V. Pogodaev, and E. A. Shmakov. — 2nd ed. — Moscow: Yurayt Publishing House, 2024. — 119 p. — (Higher Education). — ISBN 978-5-534-11736-3.
12. Military Discipline and Legal Means of Strengthening It: A Textbook for Universities / Edited by Yu. N. Tuganov. — 2nd Edition, Revised and Expanded. — Moscow: Yurayt Publishing House, 2024. — 186 p. — (Higher Education). — ISBN 978-5-534-13371-4.
13. Legal Support for National Security: A Textbook for Universities / Yu. N. Tuganov [et al.]; edited by Yu. N. Tuganov. — 2nd edition, revised. and expanded. — Moscow: Yurayt Publishing House, 2024. — 180 p. — (Higher Education). — ISBN 978-5-534-16244-8.
14. First Aid for Emergency Situations: Textbook and Workshop for Universities / V. R. Weber [et al.]; edited by G. I. Chuvakov. — 3rd edition, revised and expanded. and add. — Moscow: Yurayt

- Publishing House, 2024. — 155 p. — (Higher Education). — ISBN 978-5-534-16396-4.
15. Vostroknuytov, A. L. Fundamentals of Topography: Textbook for Universities / A. L. Vostroknuytov, V. N. Suprun, G. V. Shevchenko; under the general editorship of A. L. Vostroknuytov. — 2nd edition, revised. and added. — Moscow: Yurayt Publishing House, 2024. — 219 p.
 16. Military Topography. (Bachelor's Degree, Master's Degree, Specialist Degree). Textbook. Shuldeshov L.S. 2024
 17. Military Topography: Textbook by Psarev A.A. 2024
 18. Life Safety: Textbook / E. A. Arustamov, A. E. Voloshchenko, N. V. Kosolapova, N. A. Prokopenko; edited by E. A. Arustamov. – 25th ed. – Moscow: Dashkov and Co., 2023. – 446 p.: ill., tables, schemes. – (Educational publications for bachelors).
 19. Vladimir Evgenievich Pinaev, Irina Vasilievna Golovacheva. First Aid: Action Algorithms, Self-Help, Use of Available Means, Legal Aspects. Study Guide [Electronic resource]. - Moscow: RUDN University, 2024. 106 p. ISBN 978-5-209-11964-7
 20. Obereshin, V. I. First Aid for Victims: Textbook for Universities / V. I. Obereshin, N. V. Minaeva. — Moscow: Yurayt Publishing House, 2026. — 152 p. — (Higher Education). — ISBN 978-5-534-20840-5. — Text: electronic // Yurayt Educational Platform [website].
 21. First Aid (for Employees of Internal Affairs Bodies): Textbook / O.A. Maltseva, PhD, etc. - Orel: OrYuI of the Ministry of Internal Affairs of the Russian Federation, 2017. - 80 p.
 22. Zinchenko, T. V. Handbook of Tactical Medicine / T. V. Zinchenko. - Zheleznogorsk: FGBOU VO Siberian Fire and Rescue Academy of the Ministry of Emergency Situations of Russia, 2024. - 75 p. - Text: electronic.
 23. "Methodological Recommendations for First Aid" - Red Cross Publishing House, Moscow, 2016.

Additional (optional) reading (sources)

1. The military doctrine of the Russian Federation.
2. Collection of general military regulations of the Armed Forces of the Russian Federation.
3. Federal Law No. 53-FZ of March 28, 1998 "On Military Duty and Military Service" (with amendments and additions).
4. Federal Law No. 76-FZ of May 27, 1998, "On the Status of Military Personnel" (as amended and supplemented).
5. Presidential Decree No. 1237 of September 16, 1999, "On Military Service" (together with the "Regulations on Military Service").
6. Combat Regulations for the Preparation and Conduct of Combined Arms Combat. Part 2.
7. Combat Regulations for the Preparation and Conduct of Combined Arms Combat. Part 3.
8. Shuldeshov, L. S. Fire Training: A Study Guide / L.S. Shuldeshov, V.A. Rodionov, and V.V. Uglansky. – Moscow: KNORUS, 2020. – 216 p.
9. Andrienko, I. M. Military training: textbook / I.M. Andrienko, A.A. Kotov, A.V. Moiseev, E.V. Smirnov, I.V. Shpilnoi. – Moscow: KNORUS, 2017. – 170 p.
10. Mikryukov, V. Yu. General Military Training: Textbook / V.Yu. Mikryukov. – Moscow: KNORUS, 2017. – 365 p.
11. Dulnev, P. A. Armament and Military Equipment of the Ground Forces and Airborne Troops: Textbook / P.A. Dulnev, V.I. Litvenenko, O.S. Tanenya – Moscow: KNORUS, 2020. – 374 p.
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Resources of the Internet information and telecommunication network:

- RUDN University Electronic Library System - EBS RUDN University
<http://lib.rudn.ru/MegaPro/Web> - EBS "University Library Online" ---

<http://www.biblioclub.ru> - ABS Urite <http://www.biblio-online.ru> - EBS "Student Consultant"
www.studentlibrary.ru - EBS "Lan" <http://e.lanbook.com/> - EBS "Troitsky Bridge"

- The Ministry of Defense of the Russian Federation [Electronic resource]. Access mode:
<http://www.mil.ru/>

- The official website of the Security Council of the Russian Federation [Electronic resource]. Access mode: <http://www.scrf.gov.ru/>

- Consultant Plus reference systems [Electronic resource]. Access mode: <http://www.consultant.ru/>

Databases and search engines:

- electronic fund of legal and regulatory and technical documentation
<http://docs.cntd.ru/>

- Yandex search engine <https://www.yandex.ru/>

- Google search engine <https://www.google.ru/>

- SCOPUS abstract database <http://www.elsevierscience.ru/products/scopus/>

Educational and methodological materials for independent work of students during the development of the discipline/ module*:

1. A course of lectures on the discipline "Basic military training. Life safety" is located in TUIS.

2. Methodological guidelines for practical exercises and independent work of the discipline "Basic military training. Life safety" are located in TUIS.

3. Presentations of the discipline are located in TUIS.
4. Glossary of the discipline is located in TUIS.

** - all teaching materials for independent work of students are placed in accordance with the current procedure on the discipline page in the TUIS!*

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